U.S. Supreme Court Upholds Two State Senate Seats for Ka'ū

Ka'ū's representation by two state senatory and out-of-state students – most of them

tors, Josh Green and Russell Ruderman, will continue, with the U.S. Supreme Court last month upholding Hawai'i's 2012 reapportionment plan.

A group of plaintiffs from O'ahu argued that reapportionment after the last U.S. Census Sen. Josh Green was unconstitutional, claiming that a senatorial post was unconstitutionally removed from O'ahu to give Hawai'i Island an additional senator and leaving non-resident mili-



on O'ahu – without representation. The census showed a nearly 25 percent increase in resident population on Hawai'i Island between 2000 and 2010. Hawai'i Island state Sen. Malama Solomon and others argued that including the military skewed the population in

favor of O'ahu and left Hawai'i Island and its growing population underrepresented.

The O'ahu group appealed to U.S. District Court, which rejected their argument districting Commission upheld the

constitutional guarantee of one man, one vote.

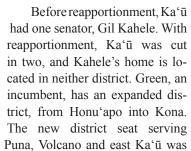
"The battle is over; let us move forward working together for all the people of Hawai'i," Solomon said in a public "mahalo" on behalf of all Hawai'i Island residents to both the U.S. Supreme Court and

the legal team working "to protect Hawai'i Island's right to equal representation as guaranteed by both the U.S. and State of

on July 11, 2013, ruling that the state Re- Hawai'i Constitutions."

Sen. Russell

Ruderman



won by Russell Ruderman, who will hold a talk story, Pāhala Plantation House, 6 p.m. Monday, Feb. 24.

ALEI IDA , Number 2

Governor Names Farmer, Physician to State House

Dr. Richard Creagan, a retired physician and farmer, is the new state Representative for District V, serving west Ka'ū and Kona. In January, Gov. Neil Abercrombie appointed Creagan to the House seat recently left vacant by the resignation of Rep. Denny Coffman after his family experienced a death and an ongoing serous illness. The appointment is for the balance of the term extending through this year, which means Creagan will soon be up for re-election.



Rep. Richard Creagan

Creagan is one of two physicians serving in the state Legislature. The other is Sen. Josh Green, who also serves west Ka'ū.

"Richard's diverse experience as a physician, researcher, farmer, Peace Corps volunteer and educa-

tor will contribute greatly to his service to the people of Hawai'i," Abercrombie said.

Creagan first came to Hawai'i in 1966 and trained for the Peace Corps on Moloka'i for two months. He then served as a health care worker in the Marshall Islands for two years where he learned fluent Marshallese. Creagan is vice president of Kiolaka'a Mountain Farms.

As a physician, Creagan worked for ten years in California prior to moving to Hawai'i full-time 23 years ago. Since then, he has worked in the Emergency Department and served as vice chief of staff at Kona Community Hospital, monitored disease outbreaks for the state Department of Health

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Postal Boxholder Also in this issue: P2 Business * P3 Pāhala * P4 Nā'ālehu * P5 Event Calendar * P7 Sports * P8 Sports Calendar * P10 Star Map * P11 Kahuku to Miloli'i * P13 Health * P14 Volcano * P15 Energy & Sustainability

****ECRWSS

Inserts: Island Market



Honu'apo Scenic Byway Site

Honu'apo Lookout is possibly the next scenic byway stop to receive educational signage for residents and visitors traveling through Ka'ū under the Ka'ū Chamber of Commerce's Ka'ū Scenic Byway plan. See more on Ka'ū scenic byways at www.hawaiiscenicbyways.org. Click on Ka'ū. Photo by Carrie Berry

Olympian Bobsledder Calls Nā'ālehu Home

A bobsled pilot heading to the Winter Olympics in Sochi has his roots in Ka'ū. Justin Kripps, the son of Libby and Robert, is a member of Team Canada. Kripps, now 27, was born in Ka'ū and attended Nā'ālehu School from Grade 1 to Grade 7. After attending high school in Canada, he was awarded a track and field and academic scholarship to Simon Fraser University in Vancouver, Canada.

While competing at a track meet, he was spotted by recruiters from the Canadian bobsled team in 2007. Initially, he was recruited to be a brakeman, where speed and strength are essential. Kripps rose rapidly through the ranks and was a member of the Canadian Olympic team in Vancouver in 2010, where they placed fifth in the fourman event.





native in front, wins at January's World Cup in Koenigssee, Ger-Olympian, pg. 9 many. Photo from Charlie Booker

and helped found and run Hualalai Urgent

As an educator, Creagan has taught junior scientists at Yale and the Worcester Polytechnic Institute. He taught English as a Peace Corps volunteer, seventh- and eighthgrade math and science in Pittsburgh, PA and tutored students in English at Nā'ālehu Elementary School.

Creagan graduated from Yale University with a bachelor's degree in biology and then with an M.D. from the University of Connecticut School of Medicine. He also has a bachelor's degree in psychology from University of Hawai'i - Hilo where he also studied agriculture, earning a Certificate in plant tissue culture.

Before his medical career, Creagan was a student and human genetics researcher at Yale University and the University of Connecticut Medical Center. He later helped found and run San Francisco-based AGRI, a

New State Rep, pg. 2

Ka'ū Legislators **Introduce Radiation Monitoring Bills**

Radiation monitoring would be implemented as a pilot project by the state Department of Health if Senate Bill 3049, introduced by Ka'ū Senators Josh Green and Russell Ruderman and championed by Pāhala resident Sara Witt, passes the 2014 state Legislature. The program would measure and monitor radiation levels in items such as food, dairy products, rainwater, aquifers and drainage ditches that may be susceptible to increased radiation levels due to the March 11, 2011 Fukushima nuclear disaster. The Department of Health would post periodic reports on its website of those radiation levels and their significance to the state. The project would begin July 1 and end June 30, 2019. The bill passed first reading on Jan. 23 and was referred to several committees. Witt said she is hoping that a hearing will be held on the measure.

The companion House Bill 2600 was introduced by Reps. Richard Creagan and Faye Hanohano at the request of Witt.

KA'U BUSINESS & ECONOI

The Good News of Kaʻū, Hawaiʻi

Royal Hawaiian Orchards Makes Stock Offer to Expan Royal Hawaiian Orchards, a major em- have no artificial ingredients or genetically similar to those of almonds, a food product

ployer in Pāhala with thousands of acres in macadamia, is seeking to expand its branded macadamia nut product line. The company

plans to raise \$9 million in a rights offering, in which existing stockholders can buy a specified number of new securities from the firm at a specified price within a specified time.

The company considers the rights offering a major step toward realizing its goal to transition from being a farming company to a branded healthy snack food company, president and CEO Scott Wallace said. "Our strategy is to capitalize

on consumers' views of nuts as an upscale healthy snack that can command prices above traditional mass-marketed products," Wallace said, pointing out that the products modified organisms, are gluten-free and contain no sulfites.

> "We are leveraging the existing



Royal Hawaiian Orchards wants to expand its line of macadamia products. Image from royalhawaiianorchards.com

nutritional properties inherent in tree nuts in our line of macadamia-based foods," Wallace said. "Our strategy is based on promoting the health benefits of macadamia nuts, which are

that has achieved strong market positioning based on growing consumer awareness of associated wellness properties."

> Wallace said brand company's of macadamia nut-based snacks, introduced in late 2012, "has been accepted by consumers as a healthy snack alternative," in more than 3,000 stores in Hawai'i and on the mainland.

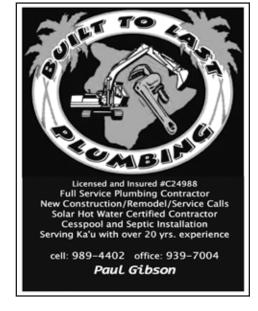
"The funds from this rights offering will be used to quickly expand distribution nationwide to national, regional and independent grocery and drug chains, as well as mass merchandisers, that target consumers with

healthy eating habits and the disposable income needed to afford premium products," Wallace said. "By pursuing a branded products strategy and continuing to farm

macadamias, we believe that we may have a pricing advantage, because we are able to produce nuts from our own orchards at a relatively fixed and currently favorable cost and do not have to compete to purchase nuts from third parties."

Wallace said that the strategy also serves to mitigate the company's exposure to fluctuating commodity prices, should wholesale nut prices decline.

See royalhawaiianorchards.com.



Coffee Mill Launches Ka'ū Coffee Singles

Ka'ū Coffee Mill and its sister brand Ka'ū Coffee Trading Co. recently launched sales of Ka'ū Coffee Singles. "Great innovations can come in small packages," said Ka'ū Coffee Mill founder Edmund C. Olson.

Designed for the popular Keurig coffee brewer, each Single offers .35 ounce (10 grams) of pure Ka'ū Coffee. "Singles allow coffee drinkers to prepare the exact amount perfect for one cup of precious Ka'ū Coffee," Olson said. Both Ka'ū Coffee Mill and Ka'ū Coffee Trading Co. Singles are Ka'ū

Ka'ū Coffee Singles are now available for Keurig coffee makers. Photo by Julia Neal

New State Rep., cont. from pg. 1 firm which focused on animal vaccines and human blood products. The start-up compa-

ny was eventually bought after five years, which facilitated his move to Hawai'i.

For 20 years, he has lived with his wife Marilyn on a 100acre farm between South Point Road and Wai'ōhinu in an area called Kiolaka'a. He and his wife were two of the founding vendors at the farmers market in Nā'ālehu. One of their crops

was lettuce and is now fruits and some coffee, he said. Creagan said he advocates for more

New State Rep, pg. 3



Estate Grown Medium Roast.

Olson said that distribution of Singles

will broaden Ka'ū Coffee Mill's program to make 100 percent Ka'ū Coffee a household name. Ka'ū Coffee Singles come in packs of a dozen and are available at Ka'ū Coffee Mill on Wood Valley Road above Pāhala and at the new Big Island Trading Co. near the corner of Hwy 11 and Hwy 19 in Hilo. See www. kaucoffeemill.com and Hamakua Macadamia Nut Co., www.hawnnut.com.

Look to the future for an expanded line of roasts and brands in Ka'ū Coffee Singles, Olson said.



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KA PEPA PAHAL

Volume 12, Number 2 The Good News of Ka'ū, Hawai'i

Coffee Scholarship Contenders alling Ka'ū

The Miss Ka'ū Coffee Pageant committee is distributing applications for the annual competition to take place Sunday, May 4 at Ka'ū Coffee Mill.

The deadline to enter is Friday, Feb. 7, and applications are available at the Coffee Grinds store in Ocean View, Will & Grace store in Nā'ālehu and the R&G store in Pāhala

Committee members are chair Gloria Camba, Pageant director Nālani Parlin and Scholarship chair Julia Neal. Also assisting is Miss Kaʻū Coffee for 2013 Tiare-Lee Shibuya.

Contestants for Miss Peaberry must be residents of Ka'ū and seven to nine years of age as of May 4. Contestants for Miss Ka'ū Coffee must be residents of Ka'ū and 16 to 24 years of age by May 4.

Contestants will be judged in talent, interview and gown competition. There is no swimsuit contest. Winners will represent the Ka'ū Coffee industry and the Ka'ū Coffee Growers Cooperative at events throughout the year and through visiting schools and nonprofit organizations.

A mandatory meeting of all contestants will be held on Sun., Feb. 9 at 5 p.m. at Punalu'u Bake Shop pavilion. For more information, call Camba at 928-8588 or Parlin at 217-6893. To donate toward a scholarship, call Neal at 928-6471.



Miss Ka'ū Coffee 2013 and attendants at Ka'ū Coffee Mill. The 2014 pageant takes place Sunday, May 4. Photo by Geneveve Fyvie

Shop Hop Comes to Quilt Shops in Pāhala, Volcano & Beyond

Visitors and residents are invited to cates and more. Pāhala Quilting and Creative Sewing center

and Kīlauea Creations in Volcano along the trail of the sixth annual Big Island Quilt Shop Hop through Feb. 20. Nine Hawai'i quilt shops invite adventurous quilters to experience the entire island doing what they love most. Along the way, shop-hoppers col-Collect one of the nine lect stamps on their passports for kits available at each a chance to win the grand prize, a shop to create this

prize is a \$400 ticket voucher from Hawaiian Airlines, plus fabric, gift certifi- located at 19-3972 Volcano Road in Volcano

Annual

Ka'ū quilting enthusiasts may want to use the opportunity to visit Waimea during cherry blossom time and to see other quilt shops in Hilo, Kealakekua and Kailua-Kona.

> Maps and passports can be picked up at any quilt shop on the route, and shop-hoppers can follow their own path or sign up for a scheduled bus tour.

Pāhala Quilting is located at Janome Sewing Machine. Second year's Shop Hop quilt. 19-3196 Maile St. in Pāhala; call 238-0505. Kīlauea Kreations is

Village; call 967-8090. Its sister, Kīlauea & Ouilting Delights at 74-5599 Luhia St., Kreations in Hilo, is at 680 Manono St.; call 961-1100.

Other quilt shops on the hop are The Fabric Workshop at 1348 Kīlauea Ave. in Hilo, 933-1010; Fabric Impressions at 206 Kamehameha Ave. in Hilo, 961-4468; Top Stitch in Waimea Center at 65-1158 Mamalahoa Hwy in Kamuela, 885-4482; Fabric

New State Rep., cont. from pg. 2

land and water available for small farmers. Marilyn Creagan also works as a labor and delivery nurse at Kona Hospital.

Creagan also said he wants to help the Micronesian population in Ka'ū and plans to author a resolution requesting that the federal government expedite U.S. citizenship for Marshall Island immigrants in Hawai'i. Marshall Islanders were promised health and education after the U.S. government used some of the islands to test nuclear weapons. Residents had to move, and the bombs left the islands uninhabitable for generations. Creagan said that citizenship would help take the pressure off the state to provide assistance promised by the federal government and would allow the Marshallese the same programs available to U.S. citizens.

The new House member said he also wants to improve water for Ocean View, with perhaps a small solar-operated desalination plant to take the saltiness out of the well water. He said he will also seek funding for

a second well for potable water in Ocean View to help businesses and the need for water to serve a school that could be built there in the future.

Creagan

D-5 in Kailua-Kona, 329-8177; Quilt Passions and Needlework Shop at 75-5626 Kuakini Hwy in Kailua-Kona, 329-7475; and H. Kimura Store, Inc. at 79-7408 Mamalahoa Hwy in Kealakakua, 322-3771.

For hours, call each quilt shop.

See more information at www.facebook. com/BigIslandQuiltShop-HopHawaii.

said he also supports replacing Kona Hospital and building the four-year university for West Hawai'i.

Regarding the selection of the new House member, John Buckstead, regional chair of the Democratic Party, said that District V members of the Democratic Party reviewed submissions by nine Democratic Party members who submitted their names for consideration. They were: Creagan; Abigail Au, who works in the governor's office in Kona; Kaliko Chun, who has worked for the state Legislature for 12 years and sits on national park and other advisory committees; Barbara Dalton, governor's representative in Kona and retired Nā'ālehu post office manager; Una Greenaway, coffee farmer and organic farming advocate; Lei Kihoi, Kona social worker and attorney; Gene Bucky Leslie, Holualoa florist; Michael Matsukawa, a Kona attorney who has worked on community issues; and Steve Sakala, a diversified farmer in Kealakekua.

Buckstead said that the selection of three finalists whose names were sent to the governor was made through the voting of 12 Democrats attending the meeting and one proxie. The candidates were not interviewed and did not attend the meeting. However, "we know the candidates," Buckstead said.

Creagan has been assigned committees in the state House: Consumer Protection & Commerce, Judiciary, Health, Housing and Human Services. He said he has been listening to all sides on the GMO issue. For more on his views, see page 12.

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Kilauea Kreations II Hilo - (808) 961-1100

Kilauea Kreations Volcano - (808) 967-8090 H. Kimura, Inc.

Kainaliu - (808) 322-3771

Quilt Passions

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DUPEPA DA'ALEHU

The Good News of Ka'ū, Hawai'i

Nā'ālehu Sewage Treatment Site Draws Community Concern

Planned construction of a wastewater sewage system on the Volcano side of Nā'ālehu, along Hwy 11, is drawing community comment. The system would replace large capacity cesspools mauka of Hwy 11 that serve the old sugar plantation camp in

The proposed treatment and disposal site is on six acres makai of Hwy 11. The state Department of Land & Natural Resources is turning it over to the county for the project. According to a project description from the county Department of Environmental Management, the site is not in a residential area and will minimize public exposure.

Kamehameha Schools **Hosts Meeting Feb. 11**

Kamehameha Schools East Hawai'i Resource Center will be conducting a onestop-shop assistance in Ka'ū for students who want to pursue higher education beyond high school, families who want help with summer program applications and more information about resources. Center representatives will be available on Tuesday. Feb. 11 and March 4, from 4 to 6 p.m. at the Nā'ālehu United Methodist Church, directly

across from the Nā'ālehu Office. Services include help with admission applications for summer programs, financial aid and scholarship services, Ho'oulu Hawaiian Data Center forms general information about Kamehameha Schools programs and resources. For more information, call Nikki or Noelani at 935-0116.



State lands on Honu'apo side of Nā'ālehu where sewage treatment plant is planned.

The description states that while archaeological sites including petroglyphs, burial sites and the Kahua 'Olohu bowling field used for Makahiki festivals have been identified, these sites have been "eliminated the project.

The Department of Environmental Management also investigated several other properties as options, but decided not to pursue them because of historical and potential archaeological sites.

In January, a public meeting was held in Nā'ālehu by the Keanu family and the Aha Moku organization. The forum included discussion on the county nomination of 1,363 acres in Kaunamano for purchase and preservation, acreage around the proposed sewage treatment site. An email from Keoni Fox, whose family is from the area says, "On behalf of the Keanu Family, we support the development of a wastewater treatment facility for Nā'ālehu, but we object to the proposed location in Kaunamano and the lack of community involvement in the site selection process.

"In addition to concerns about the impacts to the cultural sites and environmental quality, we are also concerned about the location upwind from Nā'ālehu Town and within 1000 feet of Nā'ālehu Elementary

Fox stated that those with concerns or

from consideration" and will not be used for comments regarding the project can send them directly to the County's consultant: Wynn Miyamoto, Fukunaga & Associates, (808) 944-1821.

> In a letter on behalf of the Keanu family, Fox wrote to Fukunaga & Associates, saying, "The proposed siting of the wastewater treatment facility in Kaunamano will have a detrimental impact on the community's dream of

> > Nāʻālehu Sewage., pg. 10



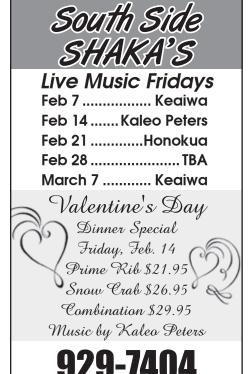




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CALEDDAR February

The Color of Sacred, daily through Sun, Feb 23, 9 a.m. – 5 p.m., Volcano Art Center Gallery in Hawai'i Volcanoes National Park. Christina Skaggs presents new art. Park entrance fees apply. 967-7565

Stewardship at the Summit, Sat, Feb 1; Fri, Feb 7, 14, 21, 28; 9 a.m. – 12 p.m., Hawai'i Volcanoes National Park. Volunteers meet at Kīlauea Visitor Center to help remove invasive Himalayan ginger from park trails. Free; park entrance fees apply.

Ecstatic Dance, Sat, Feb 1, Volcano Art Center's Ni'aulani Campus in Volcano Village. Participants explore the Five Rhythms:Flowing-Staccato-Chaos-Lyrical-Stillness. \$25/\$10 members. Jo Caron, 443-6993

Super Bowl XLVIII Sunday at Lava Lounge, Sun, Feb 2, Kīlauea Military Camp in Hawai'i Volcanoes National Park. Door prizes every quarter. Open to authorized patrons and sponsored guests. Park entrance fees apply. Call 967-8365 after 4 p.m. for more details.

Ham Radio Operators Potluck Picnic, Sun, Feb 2, Manukā Park. All American Radio Emergency Service members, anyone interested in learning how to operate a ham radio and families are invited to attend. Dennis Smith, 989-3028

After Dark in the Park: What We Don't Know About Hawaiian Volcanoes, Tue, Feb 4, 7 p.m., Kīlauea Visitor Center Auditorium in Hawai'i Volcanoes National Park. USGS Hawaiian Volcano Observatory scientist Mike Poland discusses the big issues faced by volcanologists studying Hawai'i's volcanoes today, from the source of magma deep within the Earth to predicting eruptions, or determining when an ongoing eruption will end. \$2 donations support park programs; park entrance fees apply.

Ocean View Neighborhood Watch meeting, Thu, Feb 6, 7 p.m., Ocean View Community Center.

Bake, Craft & Quilt Sale, Fri/Sat, Feb 7/8, 8 a.m. – 5 p.m., Punalu'u Black Sands Beach. Ka'ū Red Hat Ladies and Ka Lae Quilters raise funds for Ka'ū Hospital ER.

Dinner & Theater Night at KMC, Fri/Sat from Feb 7 – 23, Kīlauea Military Camp's Crater Rim Cafe in Hawai'i Volcanoes National Park. Before KDEN's production of *Once Upon a Mattress* at KMC Theater, casual dinner is available. Open to authorized patrons and sponsored guests. Park entrance fees apply. 967-8371

KDEN'S Once Upon a Mattress, Feb 7 – 23; Fridays/Saturdays, 7:30 p.m.; Sundays, 2:30 p.m., Kīlauea Military Camp Theater in Hawai'i Volcanoes National Park. \$15 general, \$12 seniors/students, \$10 children 12 and under. Tickets available at Kīlauea General Store, Kea'au Natural Foods, The Most Irresistible Shop in Hilo and at the door. 982-7344 or kden73@aol.com.

Kaʻū Coast Cleanup, Sat, Feb 8. Volunteers meet at 7:45 a.m. at Waiʻōhinu Park to carpool to Kamilo Point. kahakai.cleaups@gmail.com

Atlas Recycling at South Point U-Cart, Sat, Feb 8, 9 a.m. -1 p.m.

Second Saturday Volcano Pottery Sale, Feb 8, 9 a.m. – 4 p.m., Volcano Art Center's Ni'aulani Campus. TR Andrews, Ron Hanatani and Carol Yamashita show and sell their functional and sculptural work. ron@ryhpottery.com

VAC'S Love the Arts Gala Fundraiser, Sat, Feb 8, 5:30 – 9:30 p.m., Volcano Art Center's Ni'aulani Campus in Volcano Village. Champagne and wine dinner honors VAC's 40th year. Live and silent auction. \$50 in advance/\$60 at the door. 967-8222

'Ōhi'a Lehua, Sun, Feb 9, Kahuku Unit of Hawai'i Volcanoes National Park. Participants bring lunch and learn about the vital role of 'ōhi'a lehua in native Hawaiian forests, the many forms of the 'ōhi'a lehua tree and its flower. Free. 985-6011

Sunday Walk in the Park, Feb 9, 11 a.m. – 2 p.m. Tim Tunison leads a three-mile, round-trip walk exploring the Mauna Ulu area. Free for Friends of Hawai'i Volcanoes National Park; non-members can join the organization in order to attend. 985-7373, admin@fhvnp.org

Medicine for the Mind, Sun, Feb 9, 4 – 5:30 p.m., Volcano Art Center's Ni'aulani Campus in Volcano Village. Authentic teachings of Buddha with Patty Johnson for beginners through advanced. Free. 985-7470

Tea for Tuesdays: Romancing the Leaf, Feb 11, 2 – 3 p.m., Volcano Art Center's Ni aulani Campus in Volcano Village. JoAnn Aguirre discusses how tea has served as the foundation for romance in the arts. Free to VAC members; donations welcome. teaquiero77@gmail.com

Higher Education Assistance, Tue, Feb 11, 4-6 p.m., Nāʻālehu United Methodist Church. Kamehameha Schools representatives meet with students who want to pursue education beyond high school and families who want help

with summer program applications and more information about resources, 935-0116

After Dark in the Park: Up in Arms! The Struggle to Preserve the Legacy of the National Park Service During Wartime, Tue, Feb 11, 7 p.m., Kīlauea Visitor Center Auditorium in Hawai'i Volcanoes National Park. Park archaeologist Jadelyn Moniz-Nakamura shares a presentation of the challenges faced by the National Park

Valentine Card, Thu, Feb 13, 3 – 4 p.m., Kahuku Park. Ages 6 – 12 register Feb 10 – 12. Teresa, 929-9113

Red Cross Volunteer meeting, Thu, Feb 13, 7 p.m., HOVE Road Maintenance Corp. office. For volunteers and those interested in becoming volunteers. Hannah Uribes, 979,9953

Valentine's Day Buffet, Fri, Feb 14, 5 – 8 p.m., Kīlauea



Volunteers are needed in Kaʿū for the whale count on Saturdays, Feb. 22 and March 29. See hawaiihumpbackwhale.noaa.gov or sanctuaryoceancount.org. Call 808-268-3087.

Volunteers Count Whales at Ka Lae, Punalu'u & Ka'ena Point

Volunteers gathered at Punalu'u Black Sand Beach, Ka Lae and also at Ka'ena Point in Hawai'i Volcanoes National Park on Jan. 25 during one of the statewide annual Hawaiian Islands Humpback Whale National Marine Sanctuary Ocean Counts. While no whales were seen at Punalu'u, between two and five were counted at Ka Lae during each 15-minute time frame from 8 a.m. to 12:15 p.m.

Volunteers collected data from 60 sites statewide. A total of 253 whales were seen during the 8:30 a.m. to 8:45 a.m. time period, the most of any time period throughout the day's count.

The count is a yearly shore-based census that provides snapshot data on humpback whales. Participants tally humpback whale sightings and document the animals' surface behavior during the survey.

The sanctuary, which is administered by a partnership of National Oceanic and Atmospheric Administration's Office of National Marine Sanctuaries and the state of Hawai'i through the Department of Land and Natural Resources, protects humpback whales and their habitat in Hawaiian waters, where they migrate each winter to mate, calve and nurse their young.

Preliminary data detailing whale sightings by site location is available at sanctuary-oceancount.org/resources.

Two more Sanctuary Ocean Counts are scheduled to take place on Saturdays, Feb. 22 and March 29. For more information on becoming a Sanctuary Ocean Count volunteer, see hawaiihumpbackwhale.noaa.gov or sanctuaryoceancount.org, or call 808-268-3087.

Service before, during and after World War II at Kīlauea, in what was then called Hawai'i National Park. The findings of Moniz-Nakamura's extensive research were recently published in *The Hawaiian Journal of History*. \$2 donations support park programs; park entrance fees apply.

'Ike Hana No'eau: Traditional: Experience the Skillful Work, Kalo Demonstration, Wed, Feb. 12, 10 a.m. – 12 p.m., Kīlauea Visitor Center lanai in Hawai'i Volcanoes National Park. Sam and Edna Buldado share the cultural uses of the kalo (taro) plant. Kalo is used for many things, including food, medicine, glue and dyes – making it one of the most important plants in all of Hawai'i. Free; park entrance fees apply.

Tulsi in Your Town, Wed, Feb 12, 10:30 a.m. – 4:30 p.m., Pāhala Community Center. A staff member from U.S. Rep. Tulsi Gabbard's office meets with constituents and assists with casework and other issues. 987-5698

Valentine's Day Activity, Wed, Feb 12, 3 – 5 p.m., Pāhala Community Center. Grades K – 8 register Feb 3 – 7. Nona, 928-3102

Want to Learn Japanese? Wed, Feb 12, 4 p.m. Nāʻālehu Hongwanji. This first class gauges interest for future classes and starts with the absolute beginner; more advanced students also welcome. Space limited. Maiki, 989-4259 or hawaiiislandlife@gmail.com

Missions Service with Jeff & Pam Gregory, Wed, Feb 12, 6:30 p.m., Nā'ālehu Assembly of God. 929-7278 or office@naalehuag.org

Military Camp's Crater Rim Cafe in Hawai'i Volcanoes National Park. Prime rib, chicken piccata, shrimp and mushroom alfredo and more. \$24.95 adults; \$14.50 children 6-11. Open to authorized patrons and sponsored guests. Park entrance fees apply. 967-8356

Fee-Free Days, Sat – Mon, Feb 15 – 17, Hawai'i Volcanoes National Park. The park waives entrance fees over Presidents Day weekend.

Lantern Making, Sat, Feb 15, 9 a.m. – 2 p.m., Volcano Art Center's Ni'aulani Campus in Volcano Village. Kathleen Kam teaches how to make traditional Chinese lanterns to celebrate Chinese New Year. \$45/\$40 VAC members plus \$10 supply fee.

Recycling at Nā'ālehu School, Sat, Feb 15, 9 a.m. – 1 p.m., Nā'ālehu School Gym. Redeem HI-5 sorted by type; receive 5 cents per container and additional 20 cents per pound on all aluminum. Atlas Recycling donates 20 cents per pound on all aluminum redeemed to the school. 939-2413, ext. 230

Camp Meeting 2014 with John & Meleana Harke, Sat, Feb 15, 6:30 p.m.; Sun, Feb 16, 9:30 a.m., Nāʻālehu Assembly of God. 929-7278 or office@naalehuag.org

People & Lands of Kahuku, Sun, Feb 16, 9:30 a.m. – 12:30 p.m. These guided, 2.5-mile, moderately difficult hikes over rugged terrain focus on the area's human history. 985-6011

Garden Talk Story & Plant & Seed Exchange, Sun, Feb 16, 12 – 3 p.m., Na'ohulelua Historical Church. 929-8164

Presidents' Day Buffet, Mon, Feb 17, 5 – 8 p.m., Kīlauea Military Camp's Crater Rim Cafe in Hawai'i Volcanoes National Park. Pork pot roast, honey bbq chicken and home-style meat loaf with corn on the cob, mashed potatoes, steamed rice, ice cream station and beverage. \$15.25 adults; \$8 children 6 – 11 years old. Open to authorized patrons and sponsored guests. Park entrance fees apply. 967-8371

Presidents Day Activity, Wed, Feb 19, 3 – 5 p.m., Pāhala Community Center. Grades K – 8 register Feb 10 – 14. Nona. 928-3102

Na Leo Manu: Heavenly Voices – Russell Mauga in Concert, Wed, Feb 19, 6:30 – 8 p.m., Kīlauea Visitor Center Auditorium in Hawai'i Volcanoes National Park.

Contemporary Hawaiian music. Free; park entrance fees apply.

Presidents Day Craft, Thu, Feb 20, 3 – 4 p.m., Kahuku Park. Ages 6 – 12 register Feb 18 – 19. Teresa, 929-9113

Hawaiian Civic Club of Ka'ū, Thu, Feb 20, 929-9731 or 936-7262

Ka`u Ag Water Cooperative District meeting, Thu, Feb 20, 4 p.m., Royal Hawaiian Orchards field office in Pahala. Jeff McCall, 928-6456

Na*ālehu Public Library 20th Anniversary Celebration, Fri, Feb 21, 12 - 3 p.m. Entertainment and free refreshments. 939-2442

Kick Ice sign waving, Fri, Feb 21, 2:30 – 4:30 p.m. in front of Nãʿālehu School gym.

Volunteer Forest Restoration Project, Sat, Feb 22, of Hawai'i Volcanoes National Park. 352-1402 or forest@ fhvnp.org.

Introduction to Zentangle, Sat, Feb 22, 10 a.m. – 1 p.m., Volcano Art Center's Ni'aulani Campus in Volcano Village. Julie Evans and Lois and Earl Stokes teach this easy-to-learn, relaxing and fun way to create images by drawing structured patterns. \$35/\$30 VAC members plus \$10 supply fee. 967-8222

Spaghetti Dinner & Silent Auction, Sat, Feb 22, 4 – 7 p.m., Nāʻālehu Community Center. Kaʻū Red Hat Ladies and Ka Lae Quilters raise funds for Kaʻū Hospital ER. \$9.99 tickets available at Kaʻū Rural Health Clinic and Pāhala Quilting.

Palm Trail Hike, Sun, Feb 23, 9:30 a.m. – 12:30 p.m., Hawaiʻi Volcanoes National Park's Kahuku Unit. 985-6011 or nps.gov/havo

Let's Make a Book, Mon, Feb 24, 3:30 – 5 p.m., Pāhala Community Center. Nona, 928-3102

Community Talk Story with Sen. Russell Ruderman, Mon, Feb 24, 6 p.m., Pāhala Plantation House. Everyone is welcome to attend and discuss the 2014 Legislature and community needs and concerns. See russellruderman.com.

HOVE Road Maintenance board of directors meeting, Tue, Feb 25, 10 a.m., St. Jude's Church. 929-9910

Ocean View Food Basket, Tue, Feb 25, 12 – 2:30 p.m., Ocean View Community Center. 939-7000

'Ike Hana No'eau: Experience the Skillful Work – Lei Hulu a me Ulana Pāpale Lauhala, Wed, Feb 26, 10 a.m. – 12 p.m., Kīlauea Visitor Center lanai in Hawai'i Volcanoes National Park. Kilohana Domingo demonstrates the art of lei hulu, or feather lei making, and his mother, Lehua Domingo, shares the 'anoni style of weaving pandanus leaves into an exquisite papale, or hat. Both lei hulu and papale will be on display. Free; park entrance fees apply.

Girls Day Activity, Wed, Feb 26, 3 – 5 p.m., Pāhala Community Center. Nona, 928-3102

Ocean View Community Development Corp. meeting, Thu, Feb 27, 5:30 p.m., Ocean View Community Center.

Pancake Supper, Fri, Feb 28, 6 p.m., St. Jude's Church in Ocean View. 939-7000

EXERCISE & MEDITATION

Pāhala Pool Schedule: Mon/Wed/Fri Adult Water Fitness 8:45 – 9:45 a.m.; Mon - Fri Adult Lap Swim 10 a.m. – 12 p.m., Public Recreational Swim 1 – 3 p.m.; Sat/Sun Public Recreational & Adult Lap Swim 9 a.m. - 12 p.m., 1 - 4 p.m. 928-8177 or hawaiicounty.gov/pr-recreation

Yoga, Mon, 7:30 a.m.; Thu, 5:30 p.m., Volcano Art Center's Ni'aulani Campus in Volcano Village. Emily Catey focuses on stretching and releasing physical and mental tension. Open to beginning and intermediate students. \$10, \$5 VAC members. 967-8222

Iyengar and Yin Yoga, Mon/Wed/Fri, 10 – 11:30 a.m.; Ocean View Community Center. Mats and props provided. Stephanie, 937-7940

Tennis, Mon – Thu, 3:30 – 5 p.m. Nā'ālehu Community Center. For elementary – high school students. Richard, 939-2510

> Calendar, pg. 6 February, 2014 Page 5

Calendar, cont. from pg. 5

Exercise for Energy, Mon/Wed, 3:30 – 4:30 p.m., Discovery Harbour Community Center. DVD instructions; bring your own band, ball and mat. Free w/donation of non-perishable food. Becky, 345-4334

Zumba, Mon, 6 - 7 p.m., Nā'ālehu Community Center. Certified Zumba instructor Erin Cole, 938-4037

Adult Volleyball, Mon/Wed, 6-8 p.m., Pāhala Community Center. Nona, 928-3102

Aikido, Mon/Wed, 7 p.m., Old Pāhala Clubhouse. Alan Moores, 928-0919 or artbyalan2011@gmail.com

Beginning and Intermediate Yoga, Tue/Thu, 8:30 - 10 a.m. Noa's Island Massage in rear entrance of Ka'ū Realty across from Hana Hou. Please come 10 minutes early. \$10 a class or \$80 for 10 classes. 756-3183

Muscle Toning, Tue, 8:30 a.m., Ocean View Community Center. Erin Cole, 938-4037

Josho Meditation, Tue/Fri, 9 - 10:15 a.m., Volcano Art Center's Ni'aulani Campus in Volcano Village. Jo Caron teaches this practice designed to release stress, tension and discomfort in the body. \$10/\$5 members. 443-6993

Karate Classes, Tue/Thu, 6 - 7:30 p.m., Ocean View Community Center. Instructor Peter Lubke offers free classes for all ages. 939-7033

Self-Guided Yoga, Wed, 9:30 - 11 a.m., Cooper Center, Volcano, Calabash donations, Debra Serrao, 985-7545

Walking Group, Wed, 2 – 2:30 p.m., Kahuku Park. Teresa, 929-9113

Gentle Senior Yoga, Wed, 3 – 4 p.m., Nāʻālehu Hongwanji. Senior price \$10 for 10 sessions. Stephanie Peppers, 937-7940

Meditation, Wed, 4 – 5 p.m. Nā'ālehu Hongwanji. Velvet Replogle, 936-8989

Insight Meditation, Wed, Feb 30, 5:30 - 7 p.m., Volcano Art Center's Ni'aulani Campus in Volcano Village. Mary Grace Orr focuses on breathing and mindfulness. No preregistration required. jeffrey@hilofire.com

Line Dance, Thu, Pāhala Community Center. By donation. Bonnie, 323-8280

Hula Kahiko, Thu, 4 - 6 p.m., Discovery Harbour Community Hall. Ka'ū School of the Arts, 854-1540 or info@kauarts.org

Zumba, Thu, 5 – 6 p.m., Ocean View Community Center. Certified Zumba instructor Erin Cole, 640-8473

Western Line Dance Classes, Thu, 6:30 - 7:30 p.m., Discovery Harbour Community Hall.

Gentle Yoga, Fri, 8 – 9 a.m., Cooper Center, Volcano. For those who wish to deepen their yoga practice or begin. \$7 a

class or \$30 for six-week session. Debra Serrao, 985-7545 Cosmic Bowling, Fri/Sat nights, Kīlauea Military Camp's Bowling Lanes in Hawai'i Volcanoes National Park. Open to authorized patrons and sponsored guests. Park entrance fees apply. 967-8352

Pāhala Senior Center: Lunch served Mon - Fri, 10:30 a.m. for residents aged 60+. Julie, 928-3101

Nā'ālehu Senior Nutrition Center (Hawai'i County Nutrition Program), Lunch served Mon – Fri, 10:45 a.m. for residents aged 60+, greater Nā'ālehu area. 939-2505

Ka'ū Directory 2014 Online The Ka'ū Directory 2014 is available online. The 80-page Business & Community Resource Guide, sponsored by Ka'ū Chamber of Commerce, includes important government and community and church phone numbers, business and nonprofit group listings and phone numbers, photos from The Ka'ū Calendar newspaper, Peter Anderson and other Ka'ū photographers and feature stories.

Within *The Directory* is the essay for the most recent Ka'ū Chamber scholarship top winner and a story about the winner for the cover art of The Directory. Another feature explains the Chamber's Ka'ū Scenic Byway program. The book includes a calendar of events for this year and a calendar of weekly and daily activities in Ka'ū and Volcano. Print versions will soon be distributed throughout the district. Ka'ū Chamber president Dallas Decker said that this year,

area organizations and businesses can join the Chamber and The Directory all year long to be included in the online version, guaranteeing a spot in the 2015 print version.

To be included, call Elijah Navarro at 928-6471.

WEEKLY & DAILY EVENTS & ACTIVITIES

Volcano Farmers Market, Sun, 7 – 10 a.m., Cooper Center. Fruits and veggies, swap meet and more. EBT welcome.

Ocean View Community Center computer lab, Mon -Fri, 8 a.m. - noon. Members \$2/hour, non-members, \$4/hr. 939-7033 for information on computer classes

Ni'aulani Nature Walks, Mon, 9:30 a.m. & Sat, 11 a.m. These one-hour nature walk travel through a lush portion of an old-growth Hawaiian rain forest on an easy, 1/7mile loop trail. Volcano Art Center's Ni'aulani Campus in Volcano Village. Free (calabash donations welcome). 967Multi-Media Mondays, 3 - 5 p.m., Volcano Art Center's Ni'aulani Campus in Volcano Village. Lisa Louise Adams' students experiment using drawing, painting, printmaking, bookmaking and more to find their inner voices and personal styles. \$50 per month/\$45 VAC members, plus a \$30 per month materials fee. 967-8222

Afternoon Sports & Games, Tue/Thu, 3 – 4 p.m., Kahuku Park. Ages 6 - 12. Teresa, 929-9113

Ocean View Nutrition Site and Senior Club hosts activities at St. Jude's Church on Mon/Wed/Fri from $8:\!30$ a.m. and provides lunches 11 a.m. – 12:30 p.m. for seniors 60+. Donations requested. On Thu, the program takes seniors to Kailua-Kona for doctors appointments. grocery shopping and to pick up prescriptions. Program closed Tue. Dick Hershberger, 989-4140

Ka'ū Community Chorus Rehearsals, Mon, 6:30 – 8:30 p.m., Discovery Harbour Community Hall; Wed, 6 - 8 p.m., Pāhala Plantation House. Ka'ū School of the Arts, 854-1540 or info@kauarts.org

South Side Alateen meeting, Mon, 7 p.m., St. Jude's Episcopal Church in Ocean View. Sandy, 557-9847

Tūtū and Me Traveling Preschool, free classes Mon/Wed, Nā'ālehu Community Center; Tue/Thu, 8:30 - 10:30 a.m., Pāhala Community Center. Limited to 50 participants in each area. 929-8571

Ka'ū Driver License Office, Tue/Wed by appointment. 854-7214

Hawaiian Language, Tue, 6:30 - 8 p.m., St. Jude's Episcopal Church. Kaʻū School of the Arts, 854-1540 or info@kauarts.org

Ka'ū Farmers Market, Wed/Sat, 8 a.m. - noon, Shaka Restaurant in Nā'ālehu. Produce, Hawaiiana, arts and crafts, fresh baked goods.

Nā'ālehu Market, Wed/Sat, 8 a.m. – 2 p.m., Ace Hardware. Produce and locally made products.

Community Bookstore, Wed 10 am

Nā'ālehu Market

Wednesdays & Saturdays, 8am-2pm In front of ACE Hardware in Na'alehu

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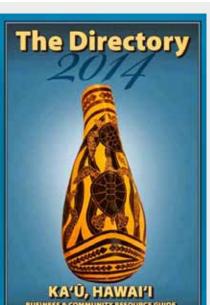
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ISINESS & COMMUNITY RESOURCE GUIL KA'Û CHAMBER OF COMMERCE

MUST BE 16-24 YRS. OLD AS OF MAY 4, 2014 MUST LIVE IN THE KA'U DISTRICT Miss Ka ū Peaberry MUST BE 7-9 YRS. OLD AS OF MAY 4, 2014 MUST LIVE IN THE KA'U DISTRICT PICK UP & RETURN APPLICATIONS AT R&G STORE (PAHALA)◆WILL & GRACE STORE (NA'ALE幾~)

Information: Gloria (928-8558) or Nalani (217-6893)

Sumi-e Japanese Brushstroke Painting, Wed, 1-3 p.m., Nā'ālehu Hongwanji

Kauaha'ao Church in Wai'ōhinu. 938-0411

Free 'Ukulele, Slack Key and Steel Guitar classes, Wed, 3:30 - 5:30 p.m., Olson Trust Building in Pāhala; Fri, 3:30 - 5:30 p.m., Nā'ālehu Methodist Church. Keoki Kahumoku. Call Tiffany at 938-6582 for details and to

Ka'ū 'Ohana Band Rehearsals, Wed/Thu, 4 p.m., Ocean View Community Center. Instruments provided; no experience necessary. Ka'ū School of the Arts, 854-1540 or info@kauarts.org

Kanikapila Jam Sessions, Wed, 5:30 p.m., Volcano Art Center's Ni'aulani Campus in Volcano Village. Open to all musicians. Donations appreciated. Ongoing. 967-8222

Game Night, Wed, 6:30 p.m., Discovery Harbour Community Center. Lucy Walker, 929-7519

Ka Lae Quilters, Thu, 10 a.m. – 2 p.m., Discovery Harbour Community Center. 238-0505

Movie Matinee, Thu, 2:30 p.m., Nā'ālehu Public Library. Free, family-friendly movies for all ages. 939-2442

Desperately Seeking Serenity AFG meeting, Thu, 5 p.m., St. Jude's Episcopal Church in Ocean View. Sandy, 557-9847

Women, Infant, Children Services, Fri (except holidays) at various locations 965-3030 or 934-3209

Aloha Fridays, 11 a.m. - 1 p.m., Volcano Art Center Gallery porch at Hawai'i Volcanoes National Park, Variable hula art offerings of hula lessons, lei making, storytelling, lauhala weaving or 'ukulele lessons. Everyone welcome. Free; donations welcome; park entrance fees apply.

Art Fridays, 1 - 1:45 p.m., Kahuku Park, Teresa, 929-9113 Book Party, Friday (2nd & 4th), 2 - 2:30 p.m., Kahuku Park, Ages 6 – 12, Teresa, 929-9113

Live Entertainment at Hana Hou Restaurant, Fri, 5:30 p.m. in Nā'ālehu. 929-9717

Live Music Fridays at South Side Shaka, Nā'ālehu.

929-7404 Ocean View Farmers Market, Sat, 7 a.m. - noon, Pohue

Plaza

Alcoholics Anonymous meetings: One Day at a Time Group, Sat, 6:30 p.m., Cooper Center; Friday Night BBQ Meeting, Fri, 5 p.m., Wai'ōhinu (929 -7674); Happy, Joyous and Free Group, Mon/Thu, 7 p.m. and Sat, 5 p.m., St. Jude's in Ocean View. West Hawai'i Intergroup, 329-1212 or the Hilo office, 961-6133

Free Square Dancing Lessons, Sat, 7 - 8:30 p.m., Ocean View Community Center. Open to all ages. Lucy, 895-4212

Ka'u Farmer's Market

Wednesdays & Saturdays, 8am-12pm In front of Shaka's Restaurant

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KA'U SPORTS REPORT

The Good News of Ka'ū, Hawai'i Volume 12, Number 2

Fishing Keiki Win the Prizes at Annual Punalu'u Tourney

The results are in for the annual Keiki Fishing Tournament at Punalu'u Beach Park. 'O Ka'ū Kākou sponsors the popular compeition each January as an opportunity to bring families and the community together, said the organization's president Wayne Kawachi. Fisherman and OKK member Guy Enriques asked the keiki to thank their parents for spending the day with them.

Here are the winners: Largest Aholehole: 1) Janslae Badua 2) Aleavah Abellera 3) Hezekiah Baji; Largest Hinale'a: 1) Teani Keanu-Grace 2) Anna Greeson 3) Aiz-n Gouveia; Largest Kupipi: 1) Kahaku (TJ) Enriques 2) Chazlyn Mukini 3) Kaohinani Grace; Largest Po'opa'a: 1) Kaitlyn Alaoan 2) Lily Dacalio 3) Unknown; Largest Other: 1) Rylan Egusa (Panunui Fish) 2) Kaimana Kawaauhau-Young (Angel Fish) 3) Tenielle Jade Blanco (Hinale'a); Most Fish: Joe Buyuan (15 fish), Zachary Blanco-Louis (13 fish) and Kalino Judalina (13 fish).

The event draws hundreds of keiki to Punalu'u where they fish along the shore and release the fish back into the ocean. The day



Keiki and families covered Punalu'u shoreline for the annual Keiki Fishing Tournament. Photos by Nālani Parlin

includes marine education, food and prizes.

Sponsoring the tournament along with 'O Ka'ū Kākou were the County of Hawai'i, Edmund C. Olson Trust II, Queen Lili'ūokalani Children's Center, S. Tokunaga Store, Suisan, Island Market, 'Okina Designs, Don's Grill and Hana Hou Restaurant.



Here are Trojan sports scores that were reported in January by Ka'ū High School:

BOYS JV BASKETBALL won last home game Jan 30, Ka'ū 70, Kealakehe 41. Titan Ault was high scorer with 19. Varsity lost 63-83; Larry-Dan Al-Navarro scored 16

BOYS BASKETBALL hosted Pāhoa on Jan. 27. Junior Varsity won 64 – 48, with Jovan Padrigo scoring 20 points. Varsity lost 56 - 66. Chance Emmsley-Ah Yee scored 15 points.

GIRLS BASKETBALL ended its season at home on Jan. 25 with a win at home over Laupahoehoe, 46 – 19.



Ka'u High soccer won big against HAAS. Photo by Dave Berry

BOYS JV BASKETBALL won its second game in a row on Jan. 24, beating Hilo 59 - 53. Titan Ault was high scorer with 20 points. Varsity lost 46 - 70. Larry-Dan Al-Navarro scored 14 points.

SOCCER TEAMS traveled to Hilo on Jan. 21. On the boys team, Carlos Uribe-Bou-The Ka'ū Calendar

nos scored a goal from a corner kick. Final score was Ka'ū 1, Hilo 8. Girls soccer team played the last game of their season with a loss to Hilo, 0 - 14.

BOYS BASKETBALL played at Kohala on Jan. 21. Junior Varsity won 68 - 43, with Trojan Joven Padrigo scoring 41 points. Varsity lost 56 - 68. Larry-Dan Al-Navarro scored 20 points.

GIRLS VARSITY BASKETBALL team won their game at Kealakehe on Jan. 17, with a final score of 57 - 40. Denisha Navarro scored 37 points. Junior Varsity, with Deisha Gascon scoring 29 points,

BOYS JV BASKETBALL won their home game against Hawai'i Preparatory Academy on Jan. 18. The final score was 57 -43, with Evan Manoha scoring 19 points. Ka'ū Varsity lost 38 – 70. Larry-Dan Al-Navarro scored 16 points.

BOYS AND GIRLS SOCCER hosted Kealakehe on Jan. 11. Trojan David Pilette scored the boys' one goal on a breakaway as the ball was lofted over the WaveRunner defense. He ran onto the ball, dribbled downfield and blasted it past the goal keeper. Kealakehe made four goals. Ka'ū High teacher Dave Berry said the Trojans played an outstanding game. "The defense was terrific, only giving up one goal in extra time in the first half." Ka'ū girls lost 0 - 12.

GIRLS BASKETBALL traveled to Hilo

Trojan Sports, pg. 9 winner www.kaucalendar.com • www.kaunewsbriefs.blogspot.com



First-place winner in the other fish category Rylan Egusa



most fish at Saturday's Keiki Fishing Tourna-

Photo by June Domondon



Hezekiah Baji, Aleavah Abellera and Janslae Badua won in the Largest Aholehole division at the annual Keiki Fishing Tournment in January, sponsored by 'O Ka'ū Kākou at



Aiz-n Gouveia and Anna Greeson placed in the Largest Hinale'a category.



Right to left are the first to third largest kupipi winners Kahaku "TJ" Enriques, Chazlyn Mukini and Kaohinani Grace.



Kaimana Kawa'ahau-Young won second-largest other fish.



Lily Dacalio Largest Po'opa'a second-place



Third-most fish winner Kailino



Zachary Blanco-Louis



Third Largest Other fish winner Teneille Jade Blanco



Ten-inch largest po'opa'a winner Kaitlyn Alaoan February, 2014 Page 7

Kau Community Sports & Events Calendar

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Spring Sports Season Begins in February

Girls Basketball

- with Coach Cv Lopez
- Sat. Feb. 1. BIIF Finals @ Kea'au • Feb. 5 – 8, HHSAA Tournament – O'ahu

Boys Basketball

with Coach Ravelle Kaupu

- Wed, Feb. 5, Ka'ū @ Waiākea
- Fri, Feb. 7, Ka'ū @ St. Joseph
- Fri, Feb. 14, BIIF Semi Finals @ Hilo Civic
- Sat, Feb. 15, BIIF Finals @ Hilo Civic
- Feb. 19 22, HHSAA Tournament O'ahu

Boys & Girls Soccer

- with Coach Crystal Mandaguit
- Sat, Feb. 1, Girls BIIF Finals at Kamehameha
- Tue, Feb. 4, Boys BIIF First Round
- Feb. 5 8 HHSAA Girls Soccer Tournament
- Wed. Feb. 5, Boys BIIF Semifinals @ higher seed
- Sat, Feb. 8, Boys BIIF Finals at Kamehameha
- Feb. 12 15, HHSAA Boys Soccer Tournament

Boys & Girls Wrestling

with Coach Greg Rush

- Sat, Feb. 1, Ka'ū @ Hilo
- Sat, Feb. 8, Ka'ū @ Waiākea
- Sat, Feb. 15, BIIF at Kea'au
- Feb. 28 Mar. 1, HHSAA Wrestling Tournament

Boys & Girls Swimming

with Coach Otis Salmo

- Sat, Feb. 1, BIIF @ Kamehameha 12p
- Feb. 14 & 15 HHSAA Swimming @

Bovs Volleyball

(Practice Begins in February)

With Coach Joshua Ortega

- Sat, Mar. 1, Ka'ū @ East Pac 10am
- Wed, Mar. 5, Ka'ū @ Kea'au 6pm
- Tues, Mar. 11, Ka'ū host Ehunui 6pm • Thurs, Mar. 13, Kaʻū host HPA 6pm
- Mon, Mar. 17, Kaʻū host Pāhoa 6pm
- Wed, Mar. 19, Ka'ū @ Hualalai 6pm
- Tues, Apr. 1, Ka'ū host Hilo 6pm

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GO TROJANS!

• Sat. Apr. 5. Ka'ū host Kealakehe 10am

- Tues, Apr. 8, Kaʻū host Kamehameha 6pm
- Sat, Apr. 12, Ka'ū @ Kohala 10am
- Tues, Apr. 15, Kaʻū @ Waiākea 6pm
- Sat, Apr. 19, Ka'ū host Honoka'a 10am • Apr. 22-23. BIIF 1st/2nd Round @ higher seed
- Apr. 25-26, BIIF Semi's and Finals
- May 8-10, HHSAA Volleyball Tournament

Girls Varsity Softball

(Practice Begins in February) With Coach Donald Garo

- Sat, Mar. 8, Ka'ū @ Kealakehe 1pm
- Tues, Mar. 11, Ka'ū @ Makualani 3pm
- Fri, Mar. 14, Kaʻū @ HPA 3pm
- Tues, Mar. 18, Ka'ū host Kohala 3pm
- Fri, Mar. 21, Ka'ū @ Pāhoa 3:30pm
- Tues, Mar. 25, Ka'ū @ Kea'au 3pm
- Sat, Mar. 29, Ka'ū host Honoka'a 1pm
- Wed, Apr. 2, Kaʻū host Hilo 3pm
- Fri, Apr. 4, Ka'ū host Kamehameha 3pm
- Tues, Apr. 8, Ka'ū @ Waiākea 3pm
- Sat, Apr. 12 Ka'ū host Kona 1pm
- Sat, Apr. 19, Play-off

Tennis

(Practice Begins in February)

- With Coach Hi'ilani Lapera
- Sat. Feb. 22. Ka'ū @ Kea'au 9am
- Sat, Mar. 1, Kaʻū host Pāhoa 9am
- Sat, Mar. 8, Ka'ū @ St. Joseph 9am
- Sat. Mar. 15. Ka'ū @ Waiākea 9am
- Sat, Mar. 22, Ka'ū host Laupahoehoe 9am • Sat, Mar. 29, Ka'ū host Hilo 9am
- April 17-19, BIIF Tournament @ Holua Tennis Courts

Track & Field

(Practice Begins Feb. 3) With Coach Jacob Findley

- Sat, Mar. 15, Ka'ū @ Kona 9am
- Sat, Mar. 22, Kaʻū @ HPA 9am
- Sat, Mar. 29, Kaʻū @ Kamehameha 9am
- Sat, Apr. 5, Ka'ū @ Kea'au 9am
- Sat, Apr. 12, Kaʻū/Kealakehe @ Kona 9am • Sat, Apr. 19, Ka'ū @ Kamehameha 9am
- Sat, Apr. 26, Ka'ū @ HPA 9am
- May 2-3, BIIF Finals
- May 9-10, HHSAA @ Kamehameha-Kapalama Campus

Judo

(Practice Begins in February) With coach Glenn Hashimoto, Jr.

- Sat. Mar. 29. Kamehameha Tournament 10am
- Sat, Apr. 5, Kealakehe dual meet
- Sat, Apr. 12, Kea'au dual meet 10am
- Sat. Apr. 19. @ Konawaena- Team Championships 10am – 1pm • Sat, Apr. 26, @ Waiākea- Individual
- Championships 10am 1pm
- Sat, May 10, HHSAA @ Stan Sheriff Center - O'ahu



Brian Gascon, a varsity basketball player at Ka'ū High, raised \$500, congratulated by June Domondon.

ADY'S BASKETBALL

basketball player, won \$500, presented by Athletic Director Kalei Namohala

season off with

a gold medal in

the final World

Cup event be-

fore the Olym-

Kripps, compet-

ing as Canada 3.

beat out many

more-seasoned

pics.

and

enced

including

Team

experi-

the

Half-court Shootouts Raise Money for Sports

Basketball home games received a fan boost this season premiering half-court shootout contests during home games. The competition, sponsored by Edmund C. Olson Trust II and 'O Ka'ū Kākou, raised \$2,000 for the Ka'ū High Athletics Booster Club, a volunteer group supporting Ka'ū High athletics and student-athletes.

At half-time fans tried to sink a basket from half-court. Sponsors donated \$500 to the booster club for every successful basket. Winning shooters also received a \$20 gift certificate. Of 35 attempts, four shooters successfully made the shot, raising funds for the Trojans. Also winning \$500 for Ka'ū High sports was a Waiakea fan, Lane Morikawa, who came to a game to cheer on his favorite team. June Domondon helped with the Half-court Shootout fundraiser.

The Ka'ū High Athletic Boosters Club, which has helped with sporting programs and equipment at the school, has raised money from food sales at athletic shot that won \$500 for Ka'ū events, other fundraising and sales of ads on *The Ka'ū Calendar* sports calendar High athletics. pages. To donate, call Jean Kailiawa at 928-8505.

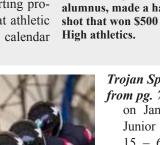


alumnus, made a half-court

The four-man team loads, with Kripps in the

world current champions from Photo by Lascelles Brown Germany.

Kripps' parents are still in Ka'ū and



Honoring his home, Kripps states he is from Nā'ālehu and names his bobsleds after Hawaiian goddesses. The two-man sled is Poli'ahu - the goddess of ice, and the four-

hope to watch their son compete in Sochi via the Internet.



on Jan. 11, where Junior Varsity lost 15 - 62, and Varsity lost 9 - 51. High scorers were JV Deisha Gascon and Varsity Sky Kanakole-Esperon. GIRLS BASKET-

man sled is Pele – the goddess of fire.

Trojan Sports., cont. from pg. 7

BALL hosted Kohala on Jan. 8. Junior varsity lost 18 – 28, with Deisha Gascon scoring 7 points. Varsity also lost, 64 - 77. Denisha Navarro was high scorer with 35 points.

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Na`alehu

BOYS SOCCER TEAM WON BIG in a match against HAAS at home on Jan. 7. The final score was 9 - 0, with goals scored by seven Trojans. David Pilette and Andrew Garcia scored two goals each. Players scoring one goal each were Kupono Palakiko, Anthony Emmsley-Ah Yee, Carlos Uribe-Bounos, Thanchit Khofaklang and Raycin

GIRLS BASKETBALL hosted Honoka'a on Jan. 4. In Junior Varsity, Deisha Gascon scored Ka'ū's 6 points, while Honoka'a came up with 44. Varsity also lost 32 – 65. Denisha Navarro was high-point scorer, with 9 points.

BOYS BASKETBALL TEAM was overcome by the Kamehameha Warriors at home Jan. 3. Junior Varsity score was 60 - 80, with Evan Manoha scoring 17 points and Titan Ault scoring 16. The Varsity game ended 56 – 81. Alexis Alejo scored 11 points, and Chance Emmsley AhYee and Brian Gascon scored 9 each.



Four-man team members Bryan Barnett, Tim Randall, James McNaughton and Ka'ū native Justin Kripps are headed to Sochi.

Olympian., cont. from pg. 1

He then decided to try driving the sled and proved a very quick learner. After only two seasons on the World Cup circuit, he has been named as a pilot for Team Canada. He will compete in both the two-man and fourman events.

Kripps and his teammates started this current season ranked 15th in the world in both events. They have had a standout season, finishing ranked tenth in both the fourman and the two-man. They topped the

Stars over Ka'ū - February 2014

by Lew Cook

Jupiter is nearly overhead in Gemini. Saturn is in Libra, rising around 12:30 a.m. and ends these February nights high up in the sky at dawn.

Venus becomes visible in the morning in February, just before sunrise. Mars returns to the late night sky, rising at about 10 p.m. at the end of this short month. It is near Spica, the brightest star in Virgo.

Take a look at the Great Orion Nebula through binoculars or a telescope, whenever it is very clear and dark. Recall that last month I said it is one of the most beautiful sights in the sky. Do you agree?

Ever heard the expression, "You can't see the forest for all the trees?" Well, the structure of the Milky Way is like that. Since we are in the plane of the galaxy, in a part called the Orion Spur, we can't clearly see the structure. So, what is the structure of our home galaxy? For years since the discovery that we are located in a galaxy, much knowledge has been gained about our home. We know it is a flat structure with spiral arms, and it also has been learned that the main central part contains a bar. No, not a bar serving beer and cocktails, but rather a thick, straight section at the center!

But how many arms? We have recently learned the answer: four. This result comes from NASA's Spitzer Space Telescope study. But don't get too excited if you thought two was the correct answer – there are two big, strong arms and two smaller ones. The small arms remind me of Tyran-

Nā'ālehu Sewage, cont. from pg. 4 preserving the coastline and protecting these lands from development."

"While the proposed location presents a challenge to our preservation efforts, we are also concerned about environmental impacts

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nosaurus Rex! They are pretty puny.

Added to the star chart this month are several stars plus their connecting lines where they form a recognizable pattern. Orion's shield is an example. Additionally also appearing is an old Hawaiian pattern known as the Bailer of Makali'i. Makali'i is the Hawaiian word for the Pleiades. As the ancients were sailors, it is easy to understand how important a simple tool as a bailer is. It can save your life!

The Japanese call the Pleiades "Subaru." That name appears atop Mauna Kea where the huge 8.3-meter (326-inch) Subaru telescope studies the stars and galaxies. Look at the design on a Subaru car emblem the next time you see one and reflect on the star cluster in the sky, which you can see with your naked eye. Similar? Different? You decide.

Sunrise Sunset

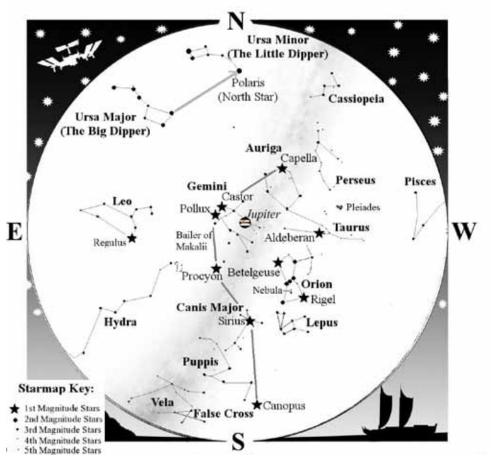
Date

Feb. 7	6:54 a.m.	6:18 p.m.
Feb. 14	6:51 a.m.	6:22 p.m.
Feb. 21	6:47 a.m.	6:25 p.m.
Feb 28	6:42 a.m.	6:27 p.m.
Moon Phases		
Date	Rise	Set Times
First Quarter		
Feb. 6	12:01 p.m.	12:21 a.m.
Full Moon		
Feb. 14	6:27 p.m.	6:30 a.m.
Last Quarter		
Feb. 22	12:33 a.m.	12:06 p.m.
New Moon		
Feb. 28	6:04 a.m.	6:13 p.m.

due to odors and sewage disposal. The winds in Ka'ū blow at an east/northeast direction. Therefore the odors from the proposed facility would blow directly toward Nā'ālehu Town. The facility should be located downwind from the town not upwind. Also, the proposed facility will dispose of treated sewage using a combination of leach fields and injection wells. The Kaunamano properties immediately makai of the proposed facility location are known for complexes of habitation caves and burial caves. Water is known to drip into these caves after traveling from the wet mauka lands above, and in the past, native Hawaiians collected water from these caves. We are concerned about the impact of treated/untreated sewage and odors on the cultural sites which are very close to the proposed facility location. Sewage spills are all too common at Hawai'i treatment plants.

"We feel that the disposal of treated sewage in this area and the risk of an untreated sewage spill is a desecration to our ancestors' burials and the pristine environmental resources of Kaunamano," Fox wrote.





How to use this map: Hold this map over your head so that the northern horizon points toward the north on the Earth. For best results, use a red flashlight to illuminate the map. Use this map at about 9:00 p.m. early in the month, 8:00 p.m. mid-month, and 7:00 p.m. late in the month. *Map provided by Bishop Museum Planetarium. Pre-recorded information: (808) 848-4136; Web site: www.bishopmuseum.org/planetarium. Podcast: feeds.feedburner.com/bishopmuseum: Email: Hokupaa@bishopmuseum.org

Four Days on Mauna Loa, Hiker Rescued by Copter from the Snow

On Thursday, Jan. 29, Hawai'i Volcanoes National Park rangers rescued a lone hiker stranded on Mauna Loa after a winter snowstorm pummeled the summit and lower elevations with heavy snow and high winds. Jessica Ferracane, Public Affairs Specialist for the park tells the story:

On Sunday, Jan. 26, New York resident Alex Sverdlov, 36, began the grueling 18-mile trek from the top of Mauna Loa Road at 6,662 feet toward the summit of Mauna Loa. He reached the 13,677-foot summit on Tuesday after dropping off his heavy gear at a lower elevation. The snowstorm struck on his late-afternoon descent, creating a blinding white-out. Night fell, and after a few futile attempts to locate his pack, Sverdlov decided to hunker down in the snow until daylight. His only protection was the clothes he had on and a bottle of frozen water.

Earlier Tuesday, park management closed the mountain to visitors because of



Rescued hiker Alex Sverdlov (middle) stands with his rescuers, park ranger John Broward (right) and park ranger Tyler Paul (left) outside the park's Visitor Emergency Operations Center. *Photo by Jessica Ferracane/NPS*

the dangerous weather. Sverdlov was the only registered hiker, and park rangers tried unsuccessfully to call his cell phone. They drove up Mauna Loa Road and confirmed his car was there. When Sverdlov's car was still there Wednesday afternoon, park ranger John Broward decided to search for him by helicopter Thursday morning. Sverdlov was

Rescued Hiker, pg. 11

GUIDE TO KA'Ū CHURCHES

O.	DINE IO KE
VOLCANO	
New Hope Christian Fellowship	967-7129
Volcano Assembly of God	967-8191
• Kilauea Military Camp Chapel 967-8333, Protestant - 9 Sundays	am Catholic - 11:15 am,
PÁHALA	
River of Life Assembly of God	928-0608
Holy Rosary	928-8208
Pāhala Bible Baptist Mission	928-8240
Pāhala Hongwanji	928-8254
• Wood Valley Tibetan Buddhist Temple & Retreat	928-8539
NÁ'ÁLEHU	
Assembly of God	929-7278
• Iglesia Ni Cristo	929-9173
Jehovah's Witnesses	929-7602
Kauaha'ao Church	
latter Day Saints	929-7123

'U CHURCHES	
Light House Baptist	939-8536
• Nā'ālehu Hongwanji Buddhist Temple -	
95-5693 Mamalahoa Hwy., Nā'ālehu, Hi 96772	
Sacred Heart	
United Methodist	929-9949
Christian Church Thy Word Ministry	936-9114
Nā'āhelu Hongwanji, Sundays 10 a.m.	
OCEAN VIEW	
• Kahuku UCC	
Ocean View Baptist Church	430-8268
Worship Service: Sunday, 1 p.m. Ocean View Community Center. A	
OV Evangelical Community Church	939-9089
• St. Judes Episcopal	939-7000
•Divine Faith Ministries 929-8570 (non-denominational) meets (Ocean View Commu-
nity Center 10 am Sundays, Children, Youth, Bible Study. Call for	more information .
Church of Christ	
Back to the Bible! 9 am, Bible class studying Romans. Worship 10	OA.M. Expository

KAHUKU OMILOLII

The Good News of Ka'ū, Hawai'i

Habitat for Humanity Completes Home for Ocean View Vet

Habitat for Humanity West Hawai'i and veteran Jeff Helfenbein worked together to make home ownership for Helfenbein a reality in Ocean View. In January, Habitat and Helfenbein held a blessing of his new home

and completion of Habitat's twentieth dwelling in West Hawai'i.

Attending were volunteers who helped work on the house and provided food during the building, along with neighbors, family, friends and Habitat staff, including executive director Pat Hurney.

Helfenbein has lived

on the island for some 30 years and now has his own home. Deacon Sandy Honnold blessed the home, walking through each room with Helfenbein. The new homeowner worked alongside Habitat staff and volunteers on the construction of his home since May 2013. As part of the Habitat model, he fulfilled his required 500 sweat equity hours, highlighting the partnership.

Rescued Hiker, cont. from pg. 10 located by 9 a.m.

"I've done many crazy hikes, but this one pretty much tops the bill," said Sverdlov, an experienced hiker who successfully walked up Mauna Loa last winter. After locating his pack Wednesday morning, the deep snow made it impossible to gain much ground, and he spent a second frozen night on the mountain. Sverdlov worried that he'd die on Mauna Loa and was astonished when he heard the helicopter.

"Even the most experienced and prepared hikers can get into trouble in the park,' said Broward, who serves as the park's search-and-rescue coordinator. "What saved

Alex is that he had a backcountry permit so we knew he was up there, he is extremely fit, and he stayed calm. We're all fortunate this had a happy ending."

On Thursday afternoon, his face sunburnt and wind-whipped, Sverdlov plied for another backcountry permit for the park's remote coastal area

Habitat is preparing to build in Kona, Waikoloa and Na'po'opo'o and completing repair work in Waimea in 2014. Many volunteers, food donations, and helping hands will be needed.

The organization

is a locally run affili-

ate of Habitat for Hu-

manity International, a

nonprofit, ecumenical

Christian housing or-

ganization. Its mission is to empower families

and build commu-

nity and hope through



A Mortgage Deed through sweat equity and help from Habitat for Humanity gives Jeff Helfenbein a house of his

home ownership opportunities for lowincome families. Serving the entire west side of the Big Island, Habitat works in partnership with families in need to build and repair decent, affordable housing. The houses are sold to partner families at no profit and with no interest

Granted affiliation with Habitat for Humanity International in 2002, Habitat West Hawai'i is a volunteer-driven organization



Snow-covered Mauna Loa and the cindercone Pohaku o Hanalei in foreground, near where Sverdlov was spotted. Snow-covered Mauna Kea is seen in the distance. Photo by search-and-rescue pilot David Okita

"This time I'm going to the sunny part of the park," he said.



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Ocean View community members and Habitat for Humanity representatives join Jeff Helfenbein during the blessing of his home.

Photos from Habitat for Humanity

Funding comes from individual, foundation, agency and corporate donations, as well as from ReStore profits.

To learn more or become involved in upcoming projects, contact Erin Stephens, Community Relations coordinator, at vista@ habitatwesthawaii.org or 331-8010.

See habitatwesthawaii.org, or twitter. com/habitatwestHI.

with seven full-time staff members. The home-building projects are undertaken by a committed group of local community volunteers who are provided leadership by site managers experienced in construction. The board of directors, comprised of 12 members, provides overall leadership to the affiliate.



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Rep. Creagan Supports GMO Food Labeling Statewide

GMO food labeling could be the way to reduce polarization in the debate over Genetically Modified Organisms, according to west Ka'ū state Rep. Richard Creagan.

Creagan, who studied agriculture at University of Hawai'i following a career as a physician, said yesterday that labeling could go a long way toward making peace. "Most

of the people feel that labeling is an important. Most of the people want to know what they eat." He said that all foods, including milk from cows fed with GMO grains and grasses, should be labeled. "It is important to honor people's concerns about what they want to eat."

Several bills have been introduced in the Legislature that would require labeling.

Senate Bill 3084 would require all GMO food retailed in Hawai'i to be labeled starting July 1, 2015. "The label shall indicate that the genetically modified food has been genetically modified or contains genetically modified organisms or ingredients," the bill states. It would require the state to adopt standards for labeling GMOs, with misdemeanor penalties for violations. It would also establish a subsidy program to help with the GMO labeling, which would be funded by fees related to using pesticides.

A separate piece of legislation, SB2926, would require non-GMO packaged food to

Rep. Richard Creagan and his

wife Marilyn, who live on a

farm near Nā'ālehu.

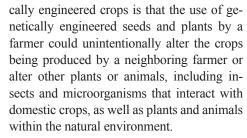
Another GMO related measure, Senate Bill 2955, introduced by west Ka'ū Sen. Josh Green, would require mandatory disclosure of pesticides and GMOs by commercial agricultural entities that purchased or used in excess of five pounds or 15 gallons of any single restricted use pesticide. It would require

> all commercial entities with any GMO to submit annual reports to the state. It would create pesticide buffer zones and require an environmental and public health impact study to address concerns related to large-scale commercial ag entities using pesticides and GMOs.

> Senate Bill 2738 would follow up on the GMO ban in Hawai'i County by pro-

hibiting the planting of GMO engineered seeds or plant parts in open fields statewide. The bill states that "growth in genetically engineered agricultural production has been swift and pervasive throughout the nation. The quick acceptance of the new technology by American farmers may, however, pose serious consequences for conventional agriculture – consequences that scientists do not yet fully understand. Those consequences have created doubt within the farming community and Congress about the wisdom of growing genetically engineered agricultural products.

"The greatest potential harm of geneti-



"No practical way of safeguarding against this risk is available, other than abstaining from use of genetically engineered material. The effect on the United States

economy is significant. China recently rejected 545,000 tons of imported U.S. corn found to contain an unapproved genetically modified strain, according to a Dec. 20, 2013, Associated Press article.'

House Bill 2187 would provide a non-GMO tax credit for qualified agricultural

To weigh in on any of these bills and to follow the Legislature, see capitol.hawaii.

Rep. Onishi & Farm Bureau Seek to Overturn GMO Laws

East Ka'ū and Volcano's member of "It's about all agriculture. "Big ag, small ag the state House of Representative, Richard Onishi, introduced a bill this session on behalf of the Hawai'i Farm Bureau Federation.

The purpose is to help overturn anti GMO bills passed by Hawai'i County and Kaua'i County. Onishi's bill would amend the state's Right to Farm Act by stating, "No law, ordinance or resolution of any unit of local government shall be enacted that abridges the right of farmers and ranchers to employ agricultural technology, modern livestock production and ranching practices not prohibited by federal or state law, rules or regulations."

The legislation comes after Hawai'i County recently enacted a law banning crops containing genetically modified organisms, with some exceptions. Kaua'i also passed legislation relating to GMOs and pesticides.

Hawai'i Farm Bureau Federation's newly named president, Chris Manfredi, of Nā'ālehu, told the Hawai'i Tribune Herald that Onishi's bill would render Hawai'i and Kaua'i Counties' anti-GMO laws "null and void" and that farmers should face a "level playing field" across the state.

Manfredi told the newspaper that the bill is not meant to benefit biotech companies.

all need to coexist within the community. It's not about an 'us versus them.""

In testimony against GMO restrictions

by the County Council, Manfredi also opposed a registry of GMO farms, stating that "Ka'ū Farm Bureau also has concerns about the registry contemplated by this legislation; how the information is shared and used, and the purpose thereof. This information will be part of the public record may be used to target the registrants for eco- and eviro-terrorist activity."



East Ka'ū Rep. Richard Onishi

Kohala Councilwoman Margaret Wille, who introduced Hawai'i County's law restricting GMOs said she sees the Hawai'i Farm Bureau-Onishi bill as an attempt to protect companies that produce GMO crops. "My thoughts are that these biotech corporations don't like local governments to intervene in their agendas," she said. "The county has a right to deal with issues that deal with health, well-being and property," she told the Tribune Herald.

East Ka'ū's state Sen. Russell Ruderman, who testified before Hawai'i County Council in support of the anti-GMO bill, said he stands by the county's ability to regulate the industry.

Manfredi Named President of statewide Farm Bureau

selected by the statewide Hawai'i Farm he and his family have grown papaya and Bureau board to be president of the organi-

zation. The naming of Manfredi comes after the recent resignation of Dean Okimoto.

"Chris is best known for his work kick starting Ka'ū Coffee industry and has served as HFB Vice President under two previous administrations and has chaired the Government Affairs Committee for three terms," stated an announcement from the Hawai'i

Farm Bureau Executive Director Brian Miyamoto.

Myrone Murakami, a former HFB President, was elected as vice president. He has been a Farm Bureau member for over three

Chris Manfredi, of Nā'ālehu, has been decades and operates an O'ahu farm where ti-leaf for more than 30 years.

Manfredi is a coffee broker and represented the former land owners of Moa'ula and Pear Tree where most of the famous Ka'ū Coffee is grown and where his company planned to subdivide the ag land. Manfredi is also known for introducing Ka'ū Coffee to the Specialty Coffee Association of America competition where farmers have done well. He also chairs

Ka'ū Coffee Festival. In past years he has been president of Ka'ū Farm Bureau, which is expected to hold its annual meeting soon to elect 2014 officers.



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KEEPING HEALTHY IN KA'U Nolume 12, Number 2 A Journal of Good Health, Food and Fitness February, 2014 Red Hat Ladies & Quilters Mark 10 Years of Fundraising

This is the 10th year that the Ka'ū Red Hat Ladies and Ka Lae Quilters of Ka'ū have raised funds for Ka'ū Hospital's emergency department. This year's events are a Bake, Craft and Quilt sale with hot dogs, sodas etc. on Friday, Feb. 7 and Saturday, Feb. 8 from 8 a.m. to 5 p.m. at Punalu'u Black Sands Beach and a Spaghetti Dinner at Nā'ālehu Community Center on Saturday, Feb. 22 from 4 p.m. to 7 p.m. There will be more bake and craft sales at the dinner as well as a silent auction. Tickets are \$9.99 and may be purchased at Ka'ū Hospital Rural Health Clinic and Pāhala Quilting & Creative Sewing Center or from any member of Ka'ū Red Hats Ladies and Ka Lae Quilters.

In 2004, Marge Hack, Elaine Anderson and Charlie Craig got the idea that the ER was sorely in need of equipment and wanted to see what they could do to help. They created a Ka'ū chapter of the Red Hat Ladies and decided they would like to "fun raise" for the hospital ER. They asked Barb Beatty, who at that time was a quilter with Ka Lae Quilters, to join them, and soon a partnership between these two groups was born



Ka Lae Quilters, Ka'ū Red Hat Ladies and a Spaghetti Dinner are part of Ka'ū Hospital fund-Photo by Julia Neal

that has turned into an annual event. The monies have been raised primarily through bake, craft and quilt sales as well as a spaghetti dinner.

"It is no exaggeration to say that those

funds have saved lives," said Ka'ū Hospital administrator Merilyn Harris. "The difference they have made has been remarkable. It is a great story of how the vision of a few people can grow into a project that impacts the lives of thousands of people."

The little two-bed emergency department with minimal equipment has now grown to a four-bed, well-equipped ER. Among other things, the groups have enabled the hospital to purchase a pediatric code cart for critically ill children, equipment for orthopedic injuries, four state-ofthe-art cardiac/physiologic monitors, pipedin oxygen, new exam lights and a high-tech infant scale. They also assisted in the purchase of a portable X-ray machine.

There have been many changes over the years among the membership of the Red Hat Ladies and Ka Lae Quilters, and it is uncertain whether they will be able to continue past this year. "There is a lot of hope that monies raised in 2014, when added to funds raised in previous years, will top the \$100,000 mark," Harris said.

The Ka'ū Hospital Charitable Foundation, a 501(c)3 organization, administers all funds raised. Donations are tax deductible, and 100 percent of all monies goes directly to projects that enhance the quality of care in the emergency department at Ka'ū Hospital.

Survey Shows Satisfaction with Ka'ū Hospital Emergency Room Ra'ū Hospital's Emergency Room re- Eighty people completed the survey time here in a couple of years and big im- Hospital ER. See companion story on this

cently completed a patient survey with administrator Merilyn Harris calling the results "really positive." She said the hospital staff would like to share comments showing "our community can feel confident and that help is here when they need it." Harris said that the "wonderful ER physicians and nursing staff deserve recognition for the high quality care that they provide and are very much

conducted over an approximate three-week period. All of those taking the survey said they would recommend our ER to friends and family. Comments reported on the survev included:

"Nurse Sharon is helpful. We are fortunate to have outstanding professionals at Ka'ū Hospital ER Unit. I'm very pleased. Great job!"

"My nurse was awesome. My second

provement from the last time. I expected to be here several hours but I was going home sooner. Thank you Ka'ū ER staff, especially RN Nancy."

"The staff at Ka'ū is outstanding. Everyone we have had contact with has gone above and beyond the norm to help us. Truly a sense of 'ohana here at Ka'ū Hospital. Priceless."

"Nursing staff was really nice and attentive. Dr. Fields is a great doctor. Security was excellent and friendly."

"Facility is very clean and well kept. The staff and doctors are courteous and communicative. I feel much better."

"I would not change anything."

"Dr. Doede is going to be here! Love Kris the nurse, always super helpful and

"No waiting and received immediate treatment. Very glad Ka'ū Hospital was available for my emergency."

"Thank you for being here for us in Ka'ū. Thank you for giving me some answers and taking care of me."

This is the fundraising season for Ka'ū



Ka'ū Athletics Fires Up with Heart **Health & Stroke Education**

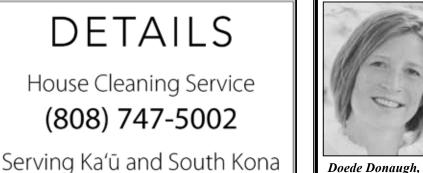
Ka'ū High Athletic Department and the American Heart Association cooperated in public education during a high school basketball game against Pahoa on Jan. 27. The campaign is called Red Out and stands for: Recognize warning signs of a heart attack and stroke; Educate on how to live a heart healthy lifestyle; Dedicate time and effort to reaching health goals; Orchestrate a health plan and stick to it; Understand the risk factors of heart disease and stroke; and Teach others what has been learned.

The program teaches heart attack warning signs, including chest and upper body discomfort, shortness



raise money for heart health awareness.

of breath and other symptoms. The Ka'ū High School Athletics Department and American Heart Association are selling Get Fired Up red T-shirts for \$10, with proceeds going toward increasing awareness and educating communities about heart disease and strokes, said athletic director Kalei Namohana





Doede Donaugh, DO



Doede Donaugh, DO

Dr. Donaugh is a Board Certified Osteopathic Family Practitioner. She joins Dr. Dexter Hayes, Susan Field, APRN and the clinic team of Donna, Angie and Noelle.

For an appointment, call 932-4205.

Paid for by Ka'u Hospital Rural Health Clinic located at 1 Kamani Street in Paha

OLCAL SAPEPA

The Good News of Ka'ū, Hawai'i Volume 12, Number 2

Volcano Art Center Goes Gala: Love the Arts on Feb. 8

Volcano Art Center celebrates and raises funds with its tenth annual Love the Arts Gala on Saturday, Feb. 8 from 5:30 p.m. to 9.p.m. at the Ni'aulani Campus in Volcano Village. The champagne and wine gourmet dinner honors VAC's 40th year, Hawaiian

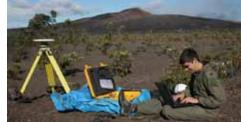
style, E Mālama Mea No'eau.

Conard Eyre, Volcano Art Center's master chef, caters the event. Several stations - Paniolo, Hukilau, Makahiki and Farmers Market - offer various island flavors. The Paniolo Station features sirloin

We Don't **Shares What Know About Hawaiian Volcanoes**

What we don't know about Hawaiian volcanoes is the topic during an After Dark in the Park program Tuesday, Feb. 4 at 7 p.m. at Kīlauea Visitor Center Auditorium in Hawai'i Volcanoes National Park.

For all that scientists have learned about Hawaiian volcanoes during the Hawaiian Volcano Observatory's first 100 years, there are still questions to be answered. James Dwight Dana, one of the first geologists to study Hawaiian volcanoes, called these un-



USGS Hawaiian Volcano Observatory scientist Mike Poland USGS HVO photo

knowns "points requiring elucidation" in his book, Characteristics of Volcanoes, in 1890. In the years since, many of Dana's points have been addressed, but some have not.

USGS Hawaiian Volcano Observatory scientist Poland discusses the big issues faced end. The program is free; \$2 donations support park programs. Park entrance fees apply.

Love the Arts

Gala Fundraiser

Breakfast & Lunch Daily • Sunday Brunch Dinner Nightly ~ reservations recommended Romantic Rooms • Gift Shop Gift Certificates

A number of new questions have also arisen, thanks to years of continuous observation and study of Kīlauea, Mauna Loa and other Hawaiian volcanoes.

by volcanologists studying Hawai'i's volcanoes today, from the source of magma deep within the Earth to predicting eruptions – or determining when an ongoing eruption will

Events

steaks seasoned with Hawaiian rock salt, basted with shovu butter, grilled to perfection, thinly sliced and served on mini rolls with a wasabi watercress aioli. Accompaniments include Kea'au salad with marinated grilled shrimp, romaine lettuce, garlic croutons, artichoke

hearts, capers, kalamata

olives and grape tomatoes tossed in a creamy Caesar-style dressing and grated parmesan cheese. Also at Paniolo Station are Waimea goat cheese, hot pepper jelly,

At the Hukilau Station, diners can savor Lorna's Poisson Cru – fresh island fish prepared with citrus juice and coconut milk Lomi salmon mousse with garlic rounds, smoked ahi pate and sliced baguettes.

Makahiki Station offers smoked kaluastyle turkey with an ohelo berry hoisin condiment served warm in a chafing dish accompanied by a brown and wild rice medley with mango and macs adamia nuts, Volcano taro hummus and taro chips and toasted coconut and cranberry haupia.

Saturday, Feb. 8, 2014

5:30 to 9:00pm

Fresh foods at the Farmers Market Station include baby spinach greens, roasted balsamic beets, Ka'ū oranges, grapefruit and red onion tossed in a papaya seed

dressing along with Volcano red and sweet potato salad with corn and cucumber tossed in lilikoi lemonaisse. Winter fruit is also on display.

Waioli Tea room pineapple ginger nonalcoholic punch and coffee service are also available.

The fundraiser, which also features a silent auction. Tickets are \$50 in advance and \$60 at the door.

Call 967-8222 for more information.

PUC Chair, cont. from pg. 15

Robert Clarke is on the AKP board of advisors and is a board member of Sennet Capital. He served as chairman, president and CEO of Hawaiian Electric Industries

from 1991-2006.

Mayor Billy Kenoi and his staff of attorneys fought the AKP plan, the mayor saying that he doesn't want more alternative sources of electricity. He wants more alternative sources that are less expensive. AKP contended that electric bills would be higher in the near-term but increase less in the future with their biofuel. The county argued that AKP could prevent other, newer, less expensive energy producers from coming online.

Bobby Gomes, a County police commissioner and re-

tired police officer who lives in Pāhala, said, "It would be a shame if they got rid of that girl – Morita. She cares about our community and the price of electricity. I want to thank the governor for having a PUC that consid-

Once Upon a Mattress Opens Feb. 7 at KMC

For the past two summers, Kīlauea Drama & Entertainment Network has brought fairy tales to life with Rodgers & Hammerstein's Cinderella and Disney's Beauty and the Beast. On Feb. 7, KDEN brings another fairy tale to life with Once Upon A Mattress, the musical comedy version of The Princess and the Pea, with music by Mary Rodgers, lyrics by Marshall Barer and book by Jay Thompson, Dean Fuller and Marshall Barer. This show marked the Broadway debut of later stage and TV personality Carol Burnett, who originated the role of Princess Winnifred.

> The show will be performed Feb. 7 – 24 at Kīlauea Military Camp Theater in Hawai'i Volcanoes National Park. Curtain time is 7:30 p.m. Fridays and Saturdays and 2:30 p.m. Sundays. Tickets are \$15 general, \$12 for seniors and students and \$10 for children 12 and under and are available at Kīlauea General Store, Kea'au Natural Foods, the Most Irresistible Shop in Hilo and at the door.

For ticket information, call 982-7344 or email kden73@aol.com.

Christina Skaggs 2/8, 5:30 pm 1/11 - 2/23 2/3 Multi-Media Mondays with Lisa Louise Adams

Gallery Exhibit:

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For more information, call (808) 967-8222 or visit www.VolcanoArtCenter.org



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ENERGY & SUSTAINABILITY IN K

Volume 12, Number 2 The Good News of Ka'ū, Hawai'i

s Job May be Threatened ly nothing to do with whether Mina Morita is rejected a revised contract.

chairs the state Public Utilities Commission, which recently rejected the 'Āina Koa Pono refinery and biofuel farm, may have her job on the line, according to an analysis by Life of the Land executive director Henry Curtis.

In his essay at ilianamedia.blogspot. com. Curtis alleges that Gov. Neil Abercrombie has undue influence over state Public Utilities Commission officials. Curtis raises questions about the quasi-judicial body's ability to act independently of gubernatorial influence. He discusses the PUC's decisions denying two proposed 20-year contracts between AKP and the utilities, which would have purchased biofuel that AKP would manufacture after clearing trees, brush, and grasses, as well as growing feedstock on lands between Nā'ālehu and Pāhala.

Curtis writes that "several independent sources within government" have asserted that Abercrombie will not re-appoint Morita, whose term ends in June. "This has absolutecapable of overseeing the PUC or acting in the public interest," Curtis states. "Rather, it stems from Gov. Abercrombie's dissatisfaction with the 'Aina Koa Pono decisions, his belief that

the PUC is moving to slowly in approving his inter-island cable project and his belief that PUC commissioners are too independent of his control."

Curtis also suggests that Abercrombie is not happy with commissioner Michael Champley's performance. Champley, a veteran utilities manager, was appointed in Sept. 15, 2011. After being con-

firmed on Sept. 22, he joined the other commissioners in denying the first proposed contract between AKP and the utility companies one week later. On Dec. 23, 2013 the PUC



PUC chair Mina Morita. Photo by Julia Neal

Curtis outlines how Abercrombie is "very connected to AKP."

Sennet Capital is a major investor in 'Āina Koa Pono. Sennet Capital was co-founded by Department of Business, Economic Development & Tourism director Richard Lim and AKP executive vice president Kenton Eldridge. (Eldridge is also chair of The

Nature Conservancy, which has several preserves in Ka'ū.)

Honolulu attorney Paul Alston is a lawyer for Hawaiian Electric Co. and general counsel for AKP (as well as the landowner

where the AKP refinery and farm would have been established).

Bill Kaneko is a central figure in the governor's inner circle of advisors and was a registered lobbyist for 'Āina Koa Pono. Kaneko is the founder, president and CEO of the Hawai'i Institute for Public Affairs. HIPA board members include HECO executive vice president Alan Oshima and retired HECO executive vice president Robbie Alm.

PUC Chair, pg. 14



THE KA'U

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