Ka'ū High Students Advance to Hawai'i State Science & Engineering Fair

Three students took Ka'ū High science investigation to a higher level last month. Junior Tyler Amaral and sophomores Kamrie Koi and Wen Hui Yang were the first Ka'ū High representatives to compete in the Hawai'i State Science & Engineering Fair in several years.

Amaral dissected samples of laysan albatross regurgitation to see if there was a sig-

nificant increase or decrease in non-organic matter consumed by the birds between the year 2000 and 2009. Amaral's advisor, Ka'ū High science teacher Ted Brattstrom, visited Midway where the Laysan live and collected the samples. Amaral found that non-organic matter actually decreased over time and surmised that proposed governmental bans on illegal dumping may have decreased trash matter in the albatross diet.

After advancing from the Ka'ū High science fair to the Hawai'i District Science & Engineering Fair, held in Hilo, Amaral won the Yale Science and Engineering Association, Inc. Award and the Hapai Enterprises outstanding entomology/zoology award, which earned him a spot at states. Amaral said that the state-level fair was a "tremendous and kind of scary experience. There Kaʻū High Science Fair, pg. 3



Tyler Amaral's analysis of albatross

THEKAT CALENDA

Council Candidates Square Off for Primary

Two Weekends Celebrate Ka'ū Coffee in May

Ka'ū coffee farmers host their annual Ka'ū Coffee Festival the weekends of May 5 and 6 and May 12 and 13 on the heels of a successful international convention in which three Ka'ū Coffees were rated in the top ten internationally. Willie Tabios' Rising Sun Coffee ranked top among the USA entries, followed by Lorie Obra's Rusty's Hawaiian 100 Percent Ka'ū Coffee and Trini & Francis Marques' Ali'i Hawaiian Hula Hands Coffee.

Obra, Tabios and Trini Marques all flew to Portland, Oregon in mid-April for the annual Specialty Coffee Association of America convention, which rotates from city to city each year. They each were graced with their own barista serving their coffee over three days at the convention attended by some 15,000 people. Also representing Ka'ū was Ka'ū Coffee Growers Cooperative president Gloria Camba, and a team from Ka'ū Coffee Mill and its founder Edmund C. Olson, as well as Phil Becker, from Aikane Coffee, and Malian Lahey, of Ka'ū Specialty Coffees.

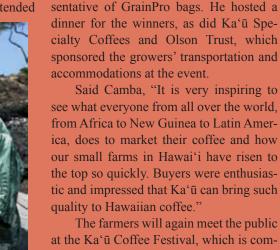
Chris Manfredi, who initiated the participation of the farmers in the SCAA



Willie Tabios, with his Rising Sun, ranked first in the USA and placed in the top ten in coffees worldwide for the third time at the 2012 Specialty Coffee Association Coffees of the Year competition in Portland, OR, before two weekends of the Ka'ū Coffee Festival which begins May 5. Other Ka'ū top finishers were Lorie Obra and Trini and Francis Marques. Photo by Julia Neal

Coffees of the Year competition and who represents the hui that owns the land where all the winners' coffee grows, also attended

Entertainment at the Ka'ū Coffee Festival includes Grammy Award winner, Keoki Kahumoku (left) and slack key guitar master Cyril Pahinui.



Said Camba, "It is very inspiring to see what everyone from all over the world, from Africa to New Guinea to Latin America, does to market their coffee and how our small farms in Hawai'i have risen to the top so quickly. Buyers were enthusiastic and impressed that Ka'ū can bring such

to support the farmers, as a member of the

Hawai'i Coffee Association and a repre-

quality to Hawaiian coffee.' The farmers will again meet the public at the Ka'ū Coffee Festival, which is com-

ing up with the following events.

Saturday, May 5: Kalaekilohana Bed and Breakfast hosts Ka'ū Farmers Table: A Ka'ū Coffee Festival, pg. 2

Ka'ū Chamber Of Commerce's candidate forum drew the five County Council District 6 candidates and the three county Prosecuting Attorney candidates to Ocean View Community Center in April. They gave over 40 community members a chance to hear about their qualifications and interests in running for office. The Primary Election is Aug. 11.

County Council

County Council District 6 candidates are Marie Burns, Maile David, Brenda Ford, Lee McIntosh and Bradley Westervelt.

Marie Burns said she "would like to represent the people." She said she would bring truth and compassion to the position. "I represent the heart of this land, and I wear the shoes of a lot of people on this island," she said. She also characterized herself as a "social butterfly" who knows how to "bring people together in unity."

Maile David said she likes to solve problems and stressed her heritage and connection with "the country and the culture." She pointed to her legal experience gained here during many years as a paralegal. "My interest and my roots run deep. I never left; I'm not going anywhere," she said.

Brenda Ford said she wants to put people to work repairing infrastructure. She also wants to continue to push for a South Point police station. She listed her persistence and transparency - "no backdoor deals" - as qualities that would benefit the county. "I'm

Ka'ū Candidates, pg. 11

PRSRT STD US POSTAGE PAID PAHALA, HI PERMIT NO.1

****ECRWSS

Postal Boxholder

Also in this issue: P4 Business * P6 Pāhala * P7 Nā'ālehu * P8 Kahuku * P9 Event Calendar * P11 Sports * P12 Sports Calendar * P16 Miloli'i * P17 Religion * P18 Star Map * P19 Health * P20 Volcano * P22 Land Use * P23 Classifieds *Inserts: Nā'ālehu Market Weekly Flier * Ka`u Coffee Mill Grand **Opening & Recipe Contest Flier**

KA'U BUSINESS & ECONOMY

Volume 10, Number 7 The Good News of Ka'ū, Hawai'i May 2012



Ka'ū Coffee farmers with Coffees of the Year organizers. Willie Tabios (left), was top in the U.S., and Lorie Obra (center) and Trini Marques (right) followed, all three taking spots in the top ten in the worldwide competition.

*Photo by Julia Neal**

Ka'ū Coffee Festival, pg. 1 Feast for the Senses, with music by Robert Cazimero and food by chef Morgan Starr of Mi's Italian Bistro. The locally sourced fare includes a paired five-course gourmet meal and a Ka'ū Coffee dessert bar. Tickets are \$100 in advance. 939-8052

Sunday, May 6: Triple C Recipe Contest and Grand Opening of Ka'ū Coffee Mill. The public is invited to submit recipes for signature products of Ka'ū Coffee Mill by creating cookies, candies and crackers, to include such delights as fortune cookies, biscotti and other tasty treats.

KAL

submit recipes for signature products of Ka'ū Coffee Mill hosted a booth manned by roaster Lee Segawa, manager John Cross, founder Edmund Olson and last year SCAA Ka'ū top ten winner Bull Kailiawa at right. At center is a representative from a coffee mill in Latin America.

Recipes for signature way, manager John Cross, founder Edmund Olson and last year SCAA Ka'ū top ten winner Bull Kailiawa at right. At center is a representative from a coffee mill in Latin America.

Photo by Julia Neal

delights as fortune cookies, pes by Thursday, May 3 (deadline has been biscotti and other tasty treats. Turn in reciextended) to receive an eight-ounce bag of

Ka'ū Coffee to use in creating the entry.

Saturday, May 12: The annual ho'olaule'a takes place from 9 a.m. to 4 p.m. at Pāhala Community Center. Entertainment includes: emcee Skylark and the crew from KAHU Radio, Hālau Hula O Leionalani with Debbie Ryder from Lana'i, Cyril Pahinui



DMUND C. OLSON TRUST I

and Moses Espaniola, Keoki and Moses Kahumoku, Keiawa with Demetrius Oliveira, Bruddah Waltah and Sammi Fo, and Kaʻū ʻUkulele Kids.

Visit the Ka'ū Coffee Experience inside Pāhala Community Center and for \$10 sample Ka'ū Coffees prepared in a wide variety of brewing methods while chatting with 2011 U.S.

Barista Champion Pete Licata. Meet the coffee farmers and enjoy food, crafts and games for the kids outdoors. Take \$10 tours to Ka'ū coffee farms and Ka'ū Coffee Mill. For more information call 929-9550.





pahalaplantationcottages.com 928-9811



CALL 929-9717 FOR RESERVATIONS. BYOB



Bringing the Coffee Mill Home to Ka'ū



- Ka'ū Coffee Mill Visitor Center Grand Opening Sunday, May 6
- Building a Market for Quality Ka'ū Coffee
- Purchasing Coffee Cherry & Parchment (7-day NET)
- Offering Pulping, Drying, Hulling & Roasting Services
- Providing a Fertilizer Program for our Tenants & Coffee Mill Clients



Ka'û Coffee Mill on Wood Valley Road • Offices Corner of Maile & Pikake Streets P.O. Box 280 Pāhala, Hawai'i Island 96777 • www.kaucoffeemill.com • 808-928-0550

Union 76 Wiki-Wiki Mart

Grocery & Convenience Store Hot Dog • Manapua • Sandwiches

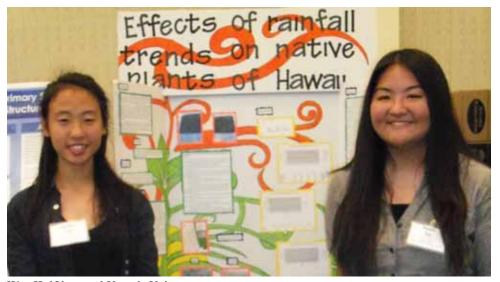
Beverages • Bulk Food Items - Like Mini Costco!

Propane • Gasoline • EBT Authorized

929-7135 • In Naalehu on Hwy 11

PEPAPAHALI

The Good News of Ka'ū, Hawai'i Volume 10, Number 7



Wen Hui Yang and Kamrie Koi.

Ka'ū High Science Fair, pg. 1

were a lot more people than I expected. All in all, it was a really fun experience. The part I liked best was getting to meet other students and learning about all of the other projects."

This was Koi's and Yang's second trip to the district-level fair. Last year, the pair looked at whether or not CO2 emissions in the atmosphere were affecting Big Island rainfall. After discovering there was a correlation between an increase in CO2 and a decrease in rainfall, they expanded their project this year to determine how rainfall trends were affecting native plants. They created and observed a nursery of 'a'ali'i shrubs and pilo trees and generated a rainfall graph from National Weather Service data. "We also visited with rangers at the Kahuku Unit of Hawai'i Volcanoes National Park, who took

us to see four enclosures of outplantings,"

They discovered that some species grow better in the wetter climate, such as Pilo, while others, like the 'a'ali'i, were mesic and preferred a dryer climate. "We concluded that there are high and low points, but overall rainfall is decreasing. The plants are used to a certain amount of rainfall, so the plants either have to adapt or change location."

Yang and Koi received the Best in Category Award among earth and planetary science projects at the District level. Koi said the state level fair was "pretty cool. The projects that people do are really big and impressive."

All three students plan to do the science fair again next year. "It was an amazing experience, and I will do it again," shared Amaral.

Preschool & Kindergarten Prep at Pāhala Elementary

Keiki entering kindergarten in the 2012-2013 school year, with no prior preschool experience, are invited to register for the Keiki Steps to Kindergarten summer program. The program is limited to ten students and will be held at Pāhala Elementary School from June 20 to July 11. The school day will run from 8 a.m. to 11 a.m.

Next year, a free preschool at Pāhala Elementary with a maximum enrollment of 20 students. Completed registration and immunization records must be received by Wednesday, May 30.To register for either program or for more information, call the school at

Miss Ka'ū Coffee Candidates Sought for August Pageant The fourth annual Miss Ka'ū Coffee over the 2013 Ka'ū Coffee Festival and

Pageant committee seeks contestants for the Saturday, Aug. 18 event. The committee plans to make it a Miss Hawai'i quali-

fying event. Candidates will be judged on talent, poise and speaking skills. The event will also include a pageant for younger girls. Miss Ka'ū Coffee and her court will reign

Gloria Camba at 928-8558. Sat., Aug 11th

Vote

participate in the Merrie Monarch Parade

and other events. For more information, call

RUSSELL

RUDERMAN

State Senate Dist. 2 - Puna & Pahala Democratic Primary

www.russellruderman.com

Support Your Community Newspaper Advertise to help us pay for

The Kaʻū Calendar. We guarantee circulation Call 928-6471 or

for advertising rates.



per night 2 or

on Alii Drive in the Village – walk to everything. Kona's affordable boutique hotel, clean & quiet. Large studió condos with big private

329-3333

www.KonaHawaii.com

THE KA'O CALE The Good News of Kaʻū

May 2012, Vol.10, No. 6

Published by:

The Kaʻū Calendar, LLC. P.O. Box 940, Pāhala, HI 96777 Phone: (808) 928-6471 www.kaucalendar.com

Publisher & Editor: Julia Neal (mahalo@aloha.net)

Story Editor & Calendar: Ron Johnson (ron@kaucalendar.com)

Assoc. Editor & Production: Nālani Parlin Design/Production: Tanva Ibarra Contributors: Lew Cook, Geneveve Fyvie

Assembling: Kaʻū Hospital Charitable Foundation

For advertising call: Ron Johnson at 928-6471 or ron@kaucalendar.com

Nālani Parlin at 217-6893 or kaucalendar@gmail.com, Email Lee Neal at fonseca33@aol.com

or Geneveve Fyvie at geneveve.fyvie@gmail.com

Printed by Hilo Bay Printing www.kaunewsbriefs.blogspot.com









ALEHO

The Good News of Ka'ū, Hawai'i

Nā'ālehu Main Street Board of Directors extends a heartfelt mahalo to former officers Marge and Dennis Elwell, who recently resigned. "From grant writing to playwriting, the Elwells gave of themselves to raise funding for and to execute many projects and programs that have benefitted our community over the years," said interim president Betty

The organization's mission is historical

preservation with economic viability. Current programs include Ka'ū Farmers Market in Nā'ālehu on Wednesday and Saturday mornings, and Na'ohulelua Historical Garden, located on Kama'oa Road. Weeding parties are held twice monthly, on the second and fourth Tuesday from 8 a.m. to 10 a.m. After weeding, volunteers receive a free breakfast at Hana Hou. On the third Sunday of each month, a Garden Talk-Story and Plant and

d & Body Creams **Locally Made Han**

Rene Pulham Vetter, of Valhalla Ranch, offers her handcrafted soaps and hand and body creams at Ka'ū Farmers Market in Nā'ālehu.

Vetter explained that when she be-



Vetter with her soaps at Ka'ū Farmers Mar-Photo from Rene Vetter

came disabled she started making soaps and creams more and more. "It started as a hobby and went from there. It's something I love doing," she said. In December 2011 she started selling at the market, and says she likes meeting and chatting with marketgoers.

Vetter says she enjoys the "peacefulness of Ka'ū and the wonderful people that live here." Her mother was born in Ka'ū and returned to raise Rene in the area after her eleventh birthday.

On Wednesdays in front of Ace Hardware, 8 a.m. to 12 p.m., marketgoers can find Vetter selling her products in seven Locally Made, pg. 10 3 p.m. Donations are welcome. For more about the garden, call Judith at 929-8164.

Seed Exchange takes place from 12 p.m. to

Professional Hair, Skin & Nail Team TSIJYTS\AJAWO By appointment only.

Call Corrine **939-7099**



Beauty Calls skin care and electrolysis by Ursula. By appointment.

Call 896-2624



manicures, pedicures, acrylics by Lisa. By appointment.

Call **937-4833**

Located in the Kama'aina Kuts building behind Nā'ālehu ACE Hardware

For more about Nā'ālehu Main Street, stop by the Ka'ū Farmers Market or email naalehumainst@gmail.com.



IS YOUR MORTGAGE OUT OF BALANCE WITH YOUR BUDGET?

By Linda Fortin, REALTOR®, MBA, GRI, CRS, RECS, e-Pro, CIPS, CDPE, AHWD, SFR, Principal Broker, Pacific Horizons Properties, Inc.

It can happen quickly. An expensive car repair, an emergency, an unexpected illness, unemployment - just a couple of little things and the life you've worked so hard to build and your finances can begin to feel completely out of balance.

No one is immune from the housing crisis in this country. The foreclosure crisis has hit every income, every region and every education level. Take a look at some of these numbers:

- Number of consecutive years home prices have fallen: 5
- Number of homes lost to foreclosure since 2007: 7.9 million.

In 2011, 1.9 million homes were foreclosed on. In most economic times, that would be a lot of homes, but that was actually the lowest number of foreclosures since 2007.

When you find yourself in financial distress because of an unaffordable mortgage, it can make you feel like the scales are tipped against you and that there is no way out. You have options.

REMEMBER: DOING NOTHING SOLVES NOTHING!

Foreclosure results from non-payment of a mortgage and is the final step in a delinquency proceeding. Far too often, homeowners don't reach out for help before letting this happen. The unfortunate fact is that there's a lot more to foreclosure than losing your home. Foreclosure carries long-term consequences. It affects your credit. After foreclosure it will be 7 years or more before any bank will consider letting you buy a home again. The fact is foreclosure almost never needs to happen-especially today. Specially trained REALTORS® can help you sort out your options.

For additional information about buying or selling real estate, go to www.PacificHorizons.com, where you can search all the real estate listings on the Big Island, 24 hours a day, 7 days a week, in real time.

Kukui Road — Naalehu



Traditional plantation house is located at the upper edge of Naalehu and has 970 square feet of interior living area with 3 bedrooms and 1 bathroom, as well as a storage/pantry area by the kitchen. Roomy kitchen is open to the living room with a pass-through between. The attached carport is 320 square feet, with another small storage/ laundry room behind. Relax on the rear deck and enjoy cooking out on the stone barbecue in the backyard.

View more photos at www.PacificHorizons.com.

Visit us at www.PacificHorizons.com, where you can search all the real estate listings for the entire Big Island, in real time, 24 hours a day!



PACIFIC HORIZONS PROPERTIES, Inc. Naalehu, Hawaii -- 929-9000

CALEDDAR



Honu'ea, daily, 9 a.m. - 5 p.m., Volcano Art Center Gallery in Hawai'i Volcanoes National Park. A juried art exhibit celebrating hawksbill sea turtle (Eretmochelys imbricata) in partnership with Hawai'i Island Hawksbill Turtle Recovery Project. Free; park entrance fees apply. 967-7565 or www.volcanoartcenter.org

May Day is Lei Day, Tue, May 1, 11 a.m. – 1 p.m., Volcano Art Center Gallery in Hawai'i Volcanoes National Park. Live entertainment by the Kani Le'a Ma Kīlauea 'Ukulele Band and a hands-on cultural demonstration of lei making. Free (donations welcome); park entrance fees apply. 967-7565 or www.volcanoartcenter.org

Mother's Day Craft, grades K-8 register May 1 – 7 for program Wed, May 9, 3 – 5 p.m., Pāhala Community Center. Nona, 928-3102

Mother's Day Card, ages 5 – 12 register May 1 – 8 for program Wed, May 9, 3:30 – 4:30 p.m., Nā'ālehu Community Center. Richard, 939-2510

Bay Clinic Mobile Dental Van, Bay Clinic in Nā'ālehu. Call for hours 965-3073

After Dark in the Park - Kapoho: Memoir of a Modern Pompeii, Tue, May 1, 7 p.m., Kīlauea Visitor Center Auditorium in Hawai'i Volcanoes National Park. Frances H. Kakugawa shares stories of her life growing up in Kapoho. \$2 donations support park programs. Free; park entrance fees apply. 985-6011

Ocean View Neighborhood Watch meeting, Thu, May 3, 7 p.m., Ocean View Community Center. 939-7033

Spring Fling Arts & Crafts Fair, Sat, May 5, 9 a.m. – 4 p.m., Punalu'u Bakeshop Pavilion & Gardens. All local art & entertainment. kauarts.org

Cinco de Mayo Chef's Specials, Sat, May 5, Kīlauea Military Camp in Hawai'i Volcanoes National Park. Soft taco and chicken fajita buffet, 5 - 7 p.m., Lava Lounge; Chef's special house nachos and regular ala carte menu starting at 5 p.m., Crater Rim Café. Open to authorized patrons and sponsored guests. Park entrance fees apply. 967-8371

Ka'ū Farmers Table: A Feast for the Senses, Sat, May 5, 5 – 9 p.m., Kalaekilohana Bed and Breakfast. Music with Robert Cazimero and food by chef Morgan Starr of Mi's Italian Bistro. The locally sourced fare includes a paired five-course gourmet meal and a Ka'ū Coffee dessert bar. \$100 in advance. 939-8052

Ham Radio Operators Potluck Picnic, Sun, May 6, Manukā Park. All American Radio Emergency Service members, anyone interested in learning how to operate a ham radio and families are invited to attend. Dennis Smith, 989-3028

Triple C Recipe Contest, Sun, May 6, 2 p.m., Kaʻū Coffee Mill. Enter cookies, candies and crackers made with Kaʻū Coffee for cash prizes and to become signature Kaʻū Coffee Mill products. Free. 928-9811 or kaucoffeefest.com

Summer Fun, grades 1 – 6 register May 7 – 10 for program Mon – Fri, June 7 – July 20, 8 a.m. – 2 p.m. \$100. Pāhala Community Center, Nona, 928-3102; Nā'ālehu Community, Richard, 939-2510

May Flowers Craft, grades K-8 register May 7 – 14 for program Wed, May 16, 3 – 5 p.m., Pāhala Community Center. Nona 928-3102

Sumi-e Japanese Brushstroke Painting, Tue, May 8, 1-3 p.m., Nāʻālehu Hongwanji.

Na'ohulelua Garden Weeding Party, Tue, May 8 and 22, 8 – 10 a.m. (weather permitting). Free breakfast at Hana Hou after weeding, 929-8164







Front:(L-R) Zachary Ishii, Zachary Kai, Junel Candaroma, Tobee Lee, Daryl Moreira Jr., Kilion Laji, Junior Wajar. Back: (L-R) James Kuahiwinui, Jim Esquida, Daniel Chang, Sumuo Engichy, Poʻai Emmsley, Emily Gouveia, Nainoa Ke. *Photo by Nālani Parlin*

Students & Plants Grow at School Garden

by Nalani Parlin

Sowing Seeds garden educator Arroyah Rivas hosted a composting workshop to celebrate Earth Day at Nāʿālehu Elementary garden, where the Sowing Seeds program is based. Rivas shared that composting is "a great way to recycle and give nutrients back to the soil. Plants take up the nutrients and give them back to us when we eat fruits and vegetables." Rivas and garden volunteer Tom King have created a composting area on the school grounds.

During the day, Nā'ālehu Elementary sixth-graders worked to create a kalo garden entirely on their own. Jessie Ke, who works as kupuna and Hawaiian culture educator in the schools, brought the plants and shared with the students a method of planting above ground. "Instead of digging in the ground, you can make a circle of rocks about four feet wide and fill it with compost and dirt," said Ke.

"It was so beautiful. They were totally self-directed," said Rivas. The students collected rocks to build a circular rock wall and used math skills to measure the circumference. They filled the area with compost and soil before planting.

Sixth-graders worked with and high-fived kindergarteners collecting mown grass for the compost pile, said Rivas.

Zachary Kai, a sixth-grader, said he built rock walls before with his dad, as did other students who shared their knowledge with the group. Daryl Moreira, also a sixth-grader, said the whole project took a couple hours. "We felt proud. We all worked together," added classmate James Kuahiwinui, reflecting on their accomplishments.

Rivas and King partner to teach Nā'ālehu Elementary students in the school garden each week. The Sowing Seeds project, coordinated by first-grade teacher Freedelyn Freeman Koepke, is sponsored by a Hawai'i Island Beacon Grant.

For more information or to volunteer in the garden, call Rivas at 939-2413.

Join Rivas on Wednesday, May 9 at 5 p.m. for a lesson on making a container garden. The workshop will be held at Ocean View Community Center.

After Dark in the Park - Kapili Choir: Concert on Kīlauea, Tue, May 8, 7 p.m., Kīlauea Visitor Center Auditorium in Hawai'i Volcanoes National Park. UH-Hilo's vocal ensemble performs an eclectic blend of gospel, early American and contemporary Hawaiian choral arrangements. \$2 donations support park programs. Free; park entrance fees apply. 985-6011

'Ike Hana No'eau: Hawaiian 'Ukulele Demonstration, Wed, May 9, 10 a.m. – 12 p.m., Kīlauea Visitor Center lanai in Hawai'i Volcanoes National Park. Oral Abihai shares his passion for creating 'ukulele from discarded or naturally fallen pieces of wood. Free; park entrance fees apply.

Kaʻū High & Pāhala Elementary Schools Walkthrough, Thu, May 10. To reserve, call 928-2088.

Red Cross Volunteer meeting, Thu, May 10, 7 p.m., H.O.V.E. Road Maintenance Corp. office. For volunteers and those interested in becoming volunteers. Hannah Uribes, 929-9953

Atlas Recycling at South Point U-Cart, Sat, May 12, 9 a.m. - 1 p.m.

Ka'ū Coffee Festival Ho'olaule'a, Sat, May 12, 9 a.m. – 4

p.m., Pāhala Community Center. Entertainment includes: emcee Skylark and the crew from KAHU Radio, Halau Hula O Leionalani with Debbie Ryder from Lana'i, Cyril Pahinui and Moses Espaniola, Keioki and Moses Kahumoku, Keiawa with Demetrius Oliveira, Bruddah Waltah and Sammi Fo, and Ka'ū 'Ukulele Kids.Visit the Ka'ū Experience inside Pāhala Community Center and for \$10 sample Ka'ū coffees prepared in a wide variety of brewing methods while chatting with 2011 US Barista Champion Pete Licata. Meet the coffee farmers, enjoy food, crafts and games for the kids outdoors. Take \$10 tours to Ka'ū coffee farms and Ka'ū Coffee Mill. For more information call 929-9550.

Saturday Walk in the Park, Sat, May 12, 11 a.m. - 2 p.m. Cheryl Gansecki leads this four-mile hike exploring Kīlauea Iki Crater. Free to Friends members; non-members welcome to join in order to attend). Park entrance fees apply. 985-7373 or admin@fhvnp.org.

Dinner & Theater Night at KMC, Sat, May 12 before the HAPA concert, Kīlauea Military Camp's Crater Rim Café in Hawai'i Volcanoes National Park. Open to authorized patrons and sponsored guests. Park entrance fees apply.

967-837

HAPA in Concert, Sat, May 12, 7 – 9 p.m., Kīlauea Theater at Kīlauea Military Camp in Hawai'i Volcanoes National Park. A Celebration of Lo'ea Hula honoring Charles Kauhi Ka'ūpu." \$35 tickets available at Volcano Art Center's Niaulani Campus, VAC Art Gallery or online at www.volcanoartcenter.org. 967-8222 or concerts@volcanoartcenter.org

Ka'ū Coffee College, Sun, May 13, 9 a.m. – 12 p.m., Pāhala Community Center. Workshops & sharing information for coffee farmers and other coffee-trade professionals. Donations appreciated. 929-9550.

Mother's Day Buffet, Sun, May 13, 5 - 8 p.m., Kīlauea Military Camp's Crater Rim Café in Hawai'i Volcanoes National Park. Prime rib, roast chicken with stuffing, breaded ono and more. Adults \$24.50; children 6 - 11 \$12.50. Open to authorized patrons and sponsored guests. Park entrance fees apply. 967-8356

Make a Lei, grades K-8 register May 14 – 21 for program Wed, May 23, 3 – 5 p.m., Pāhala Community Center. Nona, 928-3102

No Fear Youth Writing Workshop, Wed, May 16, 3 – 5 p.m., Volcano Art Center's Niaulani Campus in Volcano Village. Tom Peek teaches an easy, natural way to write for grades 6 - 8. Gear up for the Youth Poetry Slam at VAC's Youth Art Festival on May 26. Free; registration required; space limited. 967-8222

Na Leo Manu: A'ohe Pau ka 'Ike I Kau Hālau, Wed, May 16, 6:30 – 8 p.m., Kīlauea Visitor Center Auditorium in Hawai'i Volcanoes National Park. Hālau Hula Kalehuaki'eki'eika'iu ma Kīlauea, under the direction of kumu hula Ab Kawainohoikala'i Valencia, shares traditions that have been handed down through the generations. Free; park entrance fees apply.

Pāhala Quilting Group, Thu, May 17, 1 – 4 p.m. All levels welcome. Ka'ū Resource and Distance Learning Center, 96-3126 Puahala St. Marypat, 989-4594

Hawaiian Civic Club of Ka'ū, Thu, May 17, 929-9731 or 936-7262

Kick Ice sign waving, Fri, May 18, 2:30 – 4:30 p.m. in front of Nā'ālehu School gym.

Recycling at Nā'ālehu School, Sat, May 19, 9 a.m. – 1 p.m., Nā'ālehu School Gym. Redeem your HI-5 sorted by type; receive 5 cents per container and additional 20 cents per pound on all aluminum. Atlas Recycling donates 20 cents per pound on all aluminum redeemed to the school. 939-2413, ext. 230

Volunteer Forest Restoration Project, Sat, May 19, 9 a.m. – 12 p.m., Kīlauea summit area near Kīlauea Visitor Center. To celebrate National Kids to Parks Day, this month's project is kid- and family-friendly, planting native tree seedlings and removing invasive ginger. Volunteers can be any age, and children must be supervised by a parent or guardian. Pre-registration required. 985-7373 or forest@fhvnp.org.

Kahuku Junior Ranger Day, Sat, May 19, 10 a.m. – 2 p.m., Kahuku Unit of Hawai'i Volcanoes National Park. 'Oli, GPS, compass, pacing, mo`olelo of Ka'ū, string game hei. Open to children of all ages and their 'ohana. Pre-register by May 14. Free. 985-6019

Pastels with Patti Pease, Sat, May 19, 12 - 3:30 p.m., Volcano Art Center's Niaulani Campus in Volcano Village. Pease's class begins with a overview of pastels, papers, fixing and mounting paper. Students practice on newsprint then choose the design for their original 8X10 finished piece. Beginners and experienced artist welcome. \$65/\$58 VAC members, plus \$10 for materials. 967-8222 or julie@ volcanoartcenter.org

Society of Creative Anachronism, Sat, May 19, 2 – 3 p.m. Medieval recreation group talks, plans events, does handicrafts and more. Call for location. Michael, 895-8013

Ocean View Community Association BBQ, Sat, May 19, 2 - 5 p.m., Ocean View Community Center. 937-7033

Garden Talk Story & Plant & Seed Exchange, Sun, May 20, 12 – 3 p.m., Na'ohulelua Historical Church. 929-8164, 345-9374

HOVE Road Maintenance board of directors meeting, Tue, May 22, 10 a.m., St. Jude's Church. 929-9910

Ocean View Community Development Corp. meeting. Thu, May 24, 5:30 p.m. at Ocean View Community Center.

AARP Driver Safety Training, Fri, May 25. This four-hour class is open to everyone. No driving, no tests, no exams. \$12 current members, \$14 non-members. Mike Last, 979.8427

'Ike Hana No'eau: Kapa Beating & Tool Creation, Wed, May 26, 9 a.m. – 3 p.m., Kīlauea Visitor Center lanai in

Calendar, pg. 6 May, 2012 Page 5

Calendar, cont. from pg. 5

Hawai'i Volcanoes National Park. Joni Mae Makuakāne-Jarrell teaches participants to create one-foot pieces of kapa. \$20 materials fee. Kauhane Heloca helps participants design and create four kapa implements. \$300 materials fee. Park entrance fees apply. Pre-register at 985-6020.

Youth Art Festival, Sat, May 26, 10 a.m. – 4 p.m., Volcano Art Center's Niaulani Campus in Volcano Village. Free activities 10 a.m. – 2 p.m. Free concert by Brittni Paiva 2 p.m. Youth Poetry Open Mic 3:15 p.m. All participants receive a free family VAC membership. No experience in the arts necessary; everyone welcome. Free; donations accepted. Sponsored in part by the State Foundation on Culture and the Arts. 967-8222

Hula Kahiko Informance, Sat, May 26, 10:30 - 11:30 a.m. Kumu Leilehua Yuen and Manu Josiah present a narrated demonstration of the preparation, protocol and offering of traditional hula and chant at the hula platform in Hawai'i Volcanoes National Park. Hands-on cultural demonstrations 9:30 a.m. - 1:30 p.m. at Volcano Art Center Gallery porch. Free (donations welcome); park entrance fees apply.

Memorial Day at KMC, Mon, May 28. Annual Memorial Day ceremony 3 - 4 p.m. with keynote speaker District 2 Representative Jerry Chang and guest speaker Major Darin Cox of the First Squadron 299th Cavalry. Special dinner menu after the ceremony at Crater Rim Café. Open to authorized patrons and sponsored guests. Park entrance fees apply 967-8371

Ocean View Food Basket, Tue, May 29, noon - 2:30 p.m. at Ocean View Community Center. 939-7000

Kona Trail Sneak Preview at Kahuku, Sun, June 3, 10 a.m. - 3 p.m. Park ranger John Stallman guides this interpretive walk along a new loop trail at Kahuku. This four-mile roundtrip trek through highland pastures offers participants a sneak preview of the Kona Trail, not yet open to the general public. Excellent bird-watching opportunities abound, along with information about the area's natural and cultural heritage. \$50 for Friends members; \$70 for non-members. Students (K-12 and college with valid student ID) halfprice. Non-members welcome to join the non-profit Friends in order to get the member discount. 985-7373 or institute@fhvnp.org

EXERCISE AND MEDITATION

Pāhala Pool Schedule: Water Aerobics M/W/F 9 – 10 a.m.; Public Recreation Swim M/W/F 10 – 11 a.m., Wed – Fri 12:30 – 5:30 p.m., Mon/Tue 1:30 – 4 p.m., Sat/Sun 9:30 – 11 a.m. & 2 – 5:30 p.m.; Adult Lap Swim Mon/Tue 11 a.m. – 12 p.m., Wed – Sun 11 a.m. – 12:30 p.m. Possible closures for safety upgrades. 928-8177 or www. hawaii-county.com/parks/aquatics

Yoga, Mon, 7:30 a.m.; Tue & Thu, 5:30 p.m., Volcano Art Center's Niaulani Campus in Volcano Village. Emily Catey focuses on stretching and releasing physical and mental tension. Open to beginning and intermediate students. \$10.967.8222

Iyengar and Yin Yoga, Mon/Wed/Fri, 10 – 11:30 a.m.; Ocean View Community Center. Mats and props provided. Stephanie, 937-7940

Exercise for Energy, Mon/Wed, 3:30 – 4:30 p.m., Discovery Harbour Community Center. DVD instructions; bring your own band, ball and mat. Free w/donation of non-perishable food. Becky, 345-4334

Zumba, Mon, 6 – 7 p.m., Nāʻālehu Community Center. Certified Zumba instructor Erin Cole, 938-4037

Muscle Toning, Tue, 8:30 a.m., Ocean View Community Center. Erin Cole, 938-4037

Zumba, Tue/Sat, 9 a.m., Tue/Thu, 5:30 p.m., Kīlauea Military Camp's Recreation Lodge in Hawai'i Volcanoes National Park. \$5. Open to authorized patrons and sponsored guests. Park entrance fees apply. 967-8333

Karate Classes, Tue/Thu, $6-7.30~\mathrm{p.m.}$, Ocean View Community Center. Instructor Peter Lubke offers free classes for all ages. 939-7033

Gentle Senior Yoga, Wed, 3 – 4 p.m., Nāʻālehu Hongwanji Senior price \$10 for 10 sessions.

Yoga for Everyone, Wed, 10-11:30 a.m., Cooper Center, Volcano. Yes, you can do yoga, no matter your age or flexibility. \$10 per class or \$42 for 6-week session. Debra Serrao, 985-7545

Beginning and Intermediate Yoga, Thu, 4:30 – 6 p.m. Will have morning session either Mon or Tue, 8 - 10 a.m. Call for info. Noa's Island Massage in first cottage next to Nā'ālehu Park. Please come 10 min. early. \$10 a class or \$80 for 10 classes. Noa Caiserman, 756-3183

Zumba, Thu, 5 – 6 p.m., Ocean View Community Center Certified Zumba instructor Erin Cole, 640-8473

Beginner Line Dance Classes, Thu $6-7:15\,$ p.m., Pāhala Community Center. By donation. 323-8280

Western Line Dance Classes, Thu, 6:30 – 7:30 p.m., Discovery Harbour Community Hall.

Gentle Yoga, Fri, 8 – 9 a.m., Cooper Center, Volcano. For those who wish to deepen their yoga practice or begin. \$7 a class or \$30 for six-week session. Debra Serrao, 985-7545

WEEKLY & DAILY EVENTS & ACTIVITIES

Volcano Winery Tours, daily, 10 a.m. These tours of the vineyard and tea field are free and open to all ages. Longer

tours available for \$25 or \$45 per person. 35 Pi'i Mauna Dr., Volcano. 967-7772 or volcanowinery.com

Playgroup, daily, 10 – 11:30 a.m., Wai'ōhinu Park. For any age. Hettie Rush, 929-8572

Volcano Farmers Market, Sun, 7 – 10 a.m., Cooper Center. Fruits and veggies, swap meet and more.

Free Lunches, Sun, after 12 p.m., Nāʻālehu Hongwanji. Sponsored by Thy Word Ministries-Kaʻū and the Food Bank Hot Meal Program.

Ocean View Community Center computer lab, Mon – Fri, 8 a.m. – noon. Members \$2/hour, non-members, \$4/hr. 939-7033 for information on computer classes.

Niaulani Nature Walk, Mon, 9:30 a.m. This one-hour nature walk travels through a lush portion of an old-growth Hawaiian rain forest on an easy, 1/7-mile loop trail. Volcano Art Center's Niaulani Campus in Volcano Village. Free (calabash donations welcome). 967-8222 or www. volcanoartcenter.org

Tutu and Me Traveling Preschool, free classes Mon/Wed, Nāʻālehu Community Center; Tue/Thu, 8:30 - 10:30 a.m., Pāhala Community Center. Limited to 50 participants in each area. 929-8571

Pāhala Senior Center: Lunch served Mon – Fri, 10:30 a.m. for residents aged 60+. Julie, 928-3101

Nāʻālehu Senior Nutrition Center (Hawaiʻi County Nutrition Program), Lunch served Mon – Fri, 10:45 a.m. for residents aged 60+, greater Nāʻālehu area. 939-2505

Ocean View Nutrition Site and Senior Club hosts activities at St. Jude's Church on Mon/Wed/Fri from 8:30 a.m. and provides lunches 11 a.m. – 12:30 p.m. for seniors 60+. Donations requested. On Thu, the program takes seniors to Kailua-Kona for doctorr appointments, grocery shopping and to pick up prescriptions. Program closed on Tue. Dick Hershberger, 989-4140

Circulo for Speaking Spanish, Mon, 10 – 11 a.m., Discovery Harbour Community Hall. 929-7544

Ka'ū Community Chorus Rehearsals, Mon 7 – 8 p.m., Discovery Harbour Community Hall. 929-7544

South Side Alateen meeting, Mon, 7 p.m., St. Jude's Episcopal Church in Ocean View. Sandy, 557-9847

Ka'ū Driver License Office, Tue/Wed by appointment. 854-7214

Duplicate Bridge, Tue, 1 p.m., Ocean View Community Center. Beginners welcome. Pat, 375-6271; or Susan, 375-6821 or stbrown@hawaii.edu

Pohai for Speaking Hawaiian, Tue, 6:30 – 8 p.m., Discovery Harbour Community Hall. 929-7544

Ka'ū Farmers Market, Wed/Sat, 8 a.m. - noon, front of





SENIOR CITIZEN ADVOCATE

"Senior Advocate of the Year" Award

BIG ISLAND AWARD WINNING TRIAL LAWYER

hief Counsel, "Save the Nanawale Forest" Campai "100 Best Trial Attorneys" Award Na Loio Pu'uwai Aloha Award Eleven Best of East Hawai'i Awards

STATE REPRESENTATIVE

Chair, House Aging Committee Co-Chair, Senate-House Judiciary Oregon House of Representatives, 1973-79

FIGHTING FOR HAWAI'I'S 'AINA AND CULTURE__

Paid for by Bob Marx for Hawai'i

Ace Hardware in Nā'ālehu. Produce, Hawaiiana, arts and crafts, fresh baked goods. 339-1032

Read The Ka'ū Calendar Daily at www.kaunewsriefs.blogspot.com

Hullabaloo, Wed, 10 – 11 a.m., Volcano Art Center's Niaulani Campus in Volcano Village. Structured play and a walk for toddlers and parents. \$8 per session paid monthly or \$9 drop-n. 967-8222

Community Bookstore, Wed, 10 a.m. – 3 p.m. at Kauaha'ao Church in Wai'ōhinu. 938-0411

Kaʻū ʻOhana Band Rehearsals, Wed/Thu, 3:30 – 4:30 p.m., Ocean View Community Center. 929-7544

Game Night, Wed, 6:30 p.m., Discovery Harbour Community Center. Lucy Walker, 929-7519

Quilting Group, Thu, 9:30 a.m. – 4 p.m., Discovery Harbour Community Center. 929-9576

Thirsty Thursdays, Ocean View Salon and Christie's Nails. Clients can enjoy a free drink with monthly-themed pedicures every Thursday. 929-7411.

Friends Feeding Friends, Thu, 4 – 6 p.m. at Cooper Center on Wright Road in Volcano Village. www.volcanocommunity.org

Ocean View Al-Anon meeting, Thu, 5 p.m., St. Jude's Episcopal Church in Ocean View. Sandy, 557-9847

Women, Infant, Children Services, Fri (except holidays) at various locations. 965-3030 or 934-3209

Joy School Preschool Playgroup, Fri, 9:30 – 11:30 a.m., Discovery Harbour Community Center. 929-8732

Aloha Fridays, 11 a.m. – 1 p.m., Volcano Art Center Gallery porch at Hawai'i Volcanoes National Park. Variable hula art offerings of hula lessons, lei making, storytelling, lauhala weaving or 'ukulele lessons. Everyone is welcome. Free; donations welcome; park entrance fees apply.

Free 'Ukulele, Slack Key and Steel Guitar classes, Fri, 1

 $-\ 5$ p.m., Pāhala Boys and Girls Club. Keoki Kahumoku. 935-0463

OVCA Green Market, Fri, 12 - 5 p.m., Ocean View Community Center. Fresh produce, fruits, herbs, flowers, plants, honey and more. ovcahawaii@gmail.com or 939-7033

Kīlauea Lū'au Dinner Buffet, Fri, 5 - 8 p.m., Crater Rim Café in Hawai'i Volcanoes National Park. Free Hula Shows May 4, 11 and 25. Open to authorized patrons and sponsored guests. Park entrance fees apply. 967-8356 or 967-8371

Live Entertainment at Hana Hou Restaurant, Fri, 5:30 p.m. in $N\bar{a}^{\circ}$ älehu. 929-9717

Live Music Fridays at South Side Shaka, Nā'ālehu. 929-7404

Ocean View Farmers Market, Sat, 7 a.m. – noon, Põhue Plaza

Treasure Hunt Resale Outlet, Sat, Ocean View Farmers Market. Debra Bridgers, 936-9358 or www.makemydayhawaii.com

Substance Abuse Evaluations, Sat, Ka'ū Family Center in Nā'ālehu. An Intervention/Awareness class is also being offered to first-time DUI offenders. No charge for assessment if recommended to the Intervention/Awareness class. Cory, 756-5768

Alcoholics Anonymous meetings: One Day at a Time Group, Sat, 6:30 p.m., Cooper Center; Friday Night BBQ Meeting, Fri, 5 p.m., Wai'öhinu (929 -7674); Happy, Joyous and Free Group, Mon/Thu, 7 p.m. and Sat, 5 p.m., St. Jude's in Ocean View. West Hawai'i Intergroup, 329-1212 or the Hilo office, 961-6133

Free Square Dancing Lessons, Sat, 7 – 8:30 p.m., Ocean View Community Center. Open to all ages. Lucy, 895-4212



KAU TROJAN SPORTS

News of Ka'ū School & Community Sporting Events

Trojans Place Second in VB Div. II Blue, Advance to BIIF Finals

team was prepping to compete at the BIIF Div. II finals, hoping to win their third place match over Pāhoa, Red Div. number three, and earn the last berth to the HHSAA

At press time, the Ka'ū High boys Varsity volleyball State Championship. In the semi-finals, the Trojans, Blue Div. number two, lost to Red Div. number one, Kohala, in three sets (25-22, 25-12, 25-12). Senior Holden Galigo led offensively and defensively with five kills and 10 digs. Junior Donald Garo, Jr. also added five kills.

> Fresh off their BIIF first round win over Christian Liberty Academy, the Trojans were psyched. "States!" boomed Galigo, expressing the team's goal of reaching the championship.

> Three Big Island teams will be attending states from Thursday through Friday, May 3 to 5 on O'ahu. The quarter- and semi-finals will be held at Kaimuki High, while the consolation games will be held at Kalani High. Finals happen at Blaisdell

> Going into the BIIF first round, the Trojans and CLA had tying season records, 12 wins and three losses. The Trojans lost once to CLA, Honoka'a and Konawaena, but also won one game versus each, as well. The Trojans received a higher seat over CLA, having earned just two more points than their opponent.

> Even so, Ka'ū proved to have superior skill, dominating the first two games (25-16, 25-16). The Trojans continued to lead in the third set, but allowed CLA to catch up tying at 18 points. After a brief series of service error for both teams, the Trojans finally moved ahead to win 25-21. Within an hour, Ka'ū had clinched the victory.

> "We needed to play a game like that in order to build our confidence back," said Head Coach Joshua Ortega, referring to their recent loss versus Konawaena. "By practicing hard and staying positive, there is always going to be a good outcome."

> Freshman Brian Gascon's service was on point. He served up the most aces for Kaʻū. "He

has a perfect



Christian Liberty Academy Canefire, while senior Holden Galigo provides support. Photo by Nālani Parlin

toss for that jump serve. Someone else might have really strong arms, but if you don't have the smooth flow that Brian has, it won't work," commented Ortega.

The team "showed a lot of different tools from their tool box. I tell them would you want to have only a Phillp's head screwdriver in your toolbox, or would you rather have that and a saw and a hammer..." The Trojans demonstrated that, although they are a young team - mostly freshman and sophomores - they are well-equipped to handle any opponent. Ka'ū played smart, kept changing the tempo and controlled the game.

"They did everything I wanted," said Ortega. When Volleyball, Cont. on pg. 9



Shavon Mello-Waiwaiole, left, takes charge of her opponent. Photo by John Duntz, djsportsphotography.net

Mello-Waiwaioles Head to Judo States

The three Mello-Waiwaiole sisters will represent Ka'ū High at the Judo HHSAA State Competition on Saturday, May 5 on O'ahu. This is their second trip to a state competition this year. All three also competed for Ka'ū as wrestlers.

Junior Keani Mello-Waiwaiole was crowned the BIIF Champion in the 220 lb weight class. Sisters Shavon, a freshman, and Leah, a sophomore, were runners-up in their respective weight class 172 lb and 129 lb.

Coach Alan Fernandez mentored the team for the second year.

Palancia Shines for Trojan Tennis

Junior Jemy-Ray Palancia hit the sweet spot for Ka'ū as the only Trojan to advance to the second day of the BIIF Tennis Championship competition. BIIFs were held at Holua Tennis Center in April. Palancia whipped Kyle Kosaki, of Waiakea, 6-0, 6-2. Palancia, a natural athlete, has only been playing tennis a few years, but already has a smashing serve. He also starred as an MVP on the Ka'ū High soccer team.

Another BIIF highlight for Ka'ū featured doubles partners and identical twin sisters, Wen Jing and Wen Hui Yang. Originally from China, these two made a splash on the tennis scene when they paired up

The Ka'ū Calendar

for Ka'ū. "Wen Hui and Wen Jing Yang played hard for two hours against their opponents on the first day of play, only to lose in a tie breaker," said Ka'ū High Athletic Director Kalei Namohala.

Senior Rochelle Koi knows the twins' pain, having competed in a grueling season match that lasted hours, but ended in a tie-breaking loss. At BIIFs, Koi, who competed during the season as the Trojans' first-string for girls singles, lost to Waiakea's Karyl-lin Yamakawa.

Ka'ū's Wiliam Mitchell, a sophomore, and Carlos Uribe-Bounos, a freshman, partnered in boys doubles, but lost,

Volleyball, Cont. on pg. 9



Kaʻū High Varsity Tennis - Front Row (l-r): Aprille Cariaga grade 12, Wen Hui Yang 10, Jemy-Ray Palancia 11, Wen Jing Yang 10, Marileah Lalin; Back: Head Coach Lena Ortega, Rochelle Koi 12, Carlos Uribe-Buonos 9, Serna Coss 11, William Mitchell 10, Romina Sembran 10, Andrew Garcia 10 and Asst. Kamrie Koi 10. Photo by Nālani Parlin

www.kaucalendar.com • www.kaunewsbriefs.blogspot.com May, 2012 Page 7

Kaü Community Sports & Events Calendar

Taylor Built Construction Company, Inc.

General Contractor Certified Home Inspector Residential and Commercial Island and State Wide Service Lic. No. BC-18812

Quality Construction at Affordable Prices

New Home Construction Remodeling, Re-roofing, Concrete Work

> Serving the People of Ka'u for over 20 years

Call Bob for a FREE estimate at 929-8112 Email: tbcci@hialoha.net

PROUD TO SUPPORT OUR **KA'U TROJANS**

PUNALU'U BAKESHOP Supporting the Youth of Ka'u!



Home of the Famous Sweetbread

Open Daily 9am to 5pm Gifts * Lunches * Snacks Phone: 929-7343 www.punaluubakeshop.com

Pahala Plantation Cottages Check out our Kamaaina Rates! 928-9811

SUPPORT LOCAL **BUSINESSES!!** TELL THEM YOU SAW THEIR AD IN THE KA'U CALENDAR!

Boys Volleyball

Thurs-Sat, May 3-5, Div. II HHSAA Championships @ O'ahu

Track & Field

- Fri, May 4, BIIF Championships Qualify Day, 2pm
- Sat, May 5, BIIF Championship Finals,
- 3pm Wed, May 11-12, HHSAA Championships

Judo

Sat, May 5, HHSAA Championships @

Ka'ū High Coaches Opening

Ka'ū High is seeking applicants to coach football cross country, boys basketball and girls basketball. The deadline to apply is Friday, May 18. For more information, call Kalei Namohala at 928-2012.

Rainforest Runs Early Bird Registration Ends June 1

Register for the Volcano Art Center's annual Rain Forest Runs by Friday, June 1 and save on entry fees. Runners will embark on the Half Marathon, 10K and 5K race courses, that wind through Volcano Village, on Saturday, Aug. 19. The Half Marathon continues up mauka into ranch lands on the slopes of Mauna Kea.

Runners will be welcomed with a luncheon at VAC's Ni'aulani campus, which includes complimentary pupus, wine and guided tours of the local rain forest. Runners are invited to bring along families, fellow unners and guests. Runners will also receive 10 percent off Volcano Art Gallery products on race weekend. Race day opening ceremonies take place at 6:30 a.m. at the Cooper Center. Spectators can enjoy live music, a variety of food booths and health and wellness booths. Keiki can enter the free Fun Runs, for ages one to even, or enjoy booths for kids.

Proceeds benefit the Volcano Art Center. For more formation, visit rainforestruns.com.

KHSPE Book Fair May 2-4

Head to the Ka'ū High & Pāhala Elementay Book Fair to get the newest items from Scholastic. The fair will be held in the high school conference room, located on the bottom floor of the high school main building. "Look for a pink door," said fair coordinator Sheilah Okimoto. The store will be open on Wednesday and Thursday, May 2 &



Waiwaiole won BIIF Judo Cham pion. Left: Leah Mello Waiwaiole. right, maneuevers her opponent. Photos by John Duntz, djsportsphotography.

ani Mello-

3, from 7:30 a.m. to 3 p.m. and on Friday, May 4 from 7:30 a.m. to 12 p.m. All proceeds will support our highschool clubs: Akamai Finance Academy, National Honor Society and Interact Club. For questions, call Sheilah Okimoto or Julia Williams at

Pick up Krispy Kreme doughnuts on Friday, May 4 from 3 to 5 p.m. at Pāhala and Nā'ālehu Shopping Center. The fundraiser benefits the Ka'ū High class of 2014. The sophomores will also be selling loco moco at the Ka'ū Coffee Festival.

PROJECT GRAD Cancelled

PROJECT GRAD for this year was cancelled due to lack of participants. Ka'ū and its partner schools, Kea'au and Laupahoehoe were obligated to fill 100 spots. "We were unable to meet that expectation. We hope to get a head start with fundraising for next year's senior class of 2013," said coordina tor Kalei Namohala. "We appreciated the community support in donating aluminum cans.

We're sorry we didn't get to pick up all those who called to donate," she added.

this season, forfeiting two games due to lack of

players, new coach Jeremy Pelletier said the team

showed great progress. Versus HPA, "the girls had

an outstanding game, and stayed close for most it,"

Senior Radhika Dockstader earned a career game,

scoring six goals. Meghann Chow, also a senior,

recorded her first hat trick with three goals, and

Shvann Flores-Carvalho put away one goal. "(It

was) a beautiful backhand in the fourth quarter,"

said her coach. Chow and junior Julia Espaniola

"played stellar defense throughout the game," he

ML Macadamia Orchards, L.P.

"A Proud Sponsor!"

P.O. Box 130 Pahala, HI 928-8383

GO TROJANS!

Strand-Nicolaisen and Kaopua Blaze a Trail for Ka'ū Track

Junior Marley Strand-Nicolaisen and senior Alika Kaopua medaled in a total of six events at April 23 BIIF track and field meet held at Kamehameha in Kea'au. At press time, the Ka'ū High team looked forward to one more meet before the BIIF Championships on Friday and Saturday, May 4 and 5. The State Championships will be held Friday and Saturday May 11 and 12, at Kea'au, familiar territory for the Trojans.

Strand-Nicolaisen placed in the top six in six events at the Kamehameha meet. She took first in the Girls High Jump, reaching five feet and second in the girls Triple Jump (34' 03"), girls Long Jump 16' 05.75") and girls 100-meter Hurdles (16.1s). Strand-Nicolaisen also placed sixth in the Girls 200-meter Run (28.41s) and the Girls 300-meter Hurdles (50.79s).

and second in the boys Long Jump (20' 11.5"). Both he and Strand-Nicolaisen attended states last vear.

Also on the boys team are brothers Patrick and Andrew Garcia, David Pillette, Steven Salmo, Than Khofakkiang, Cash

Sheppard, Mark Cuison, Stanley Oleyte and Petronillo Espaniola. The girls team includes Krisina Padrigo, Kyra Malepe, Romina Sembran and Toni Beck.

The teams do more than just practice; members cleaned up ten huge bags of trash from area around the South Point hoists. "I am so proud of them," gushed new coach Kapua Lapera.

Lapera, a former Trojan track star, commutes from Hilo where she is attending the University of Hawai'i at Hilo. She graduates this month. Lapera balances coaching with finishing school and a part-time job. "It really has been a juggling act for me, but I'm so lucky to have a great group of athletes, who are all so understanding and patient Kaopua won first for boys Triple Jump, landing at 42' 6.5") and a coaching staff who is always willing and supportive. I've always wanted to give back to my community and alumni. This is a great opportunity for me to do so, as well as try my hand at coaching," she said.



Trojan Softball is #3 in Div. II East

Ka'ū Varsity softball ladies landed the BHF Div. II East's number three seed, gaining two season wins over Pāhoa. Ka'ū also nearly beat Hilo during a rainy Hilo game, earning a substantial lead. However, the sun broke through, and so did the Vikings in the sixth inning. Ka'ū lost to Honoka'a in the first round of the BIIF tourney, 16-1. Pitcher Shaylin Navarro earned the only hit for Ka'ū, a double in the third inning. Head Coach Donald Garo thanked the JV and Varsity girls for coming out, as well as athletic director Kalei Namohala, and softball friends and family for their support. He also thanked Gennifer Shibuya and Sasha Kaupu, who kept the books during home games.

Above Ka'ū Varsity softball - Front (I-r): Brooke Medeiros-Shibuya, Kamalani Fuijikawa, Casey Koi, Stolla Neptali; 2nd Row: Rodalyn Kuahiwinui, Shaylin Navarro, Aysha Kaupu, Janessa Jara, Siena Okimoto, Tiana Pascubillo, Sky Kanakaole, Jadelyn Kekoa-Jara; 3rd Row: Head Coach Donald Garo, Asst. Coach Cory Koi, Cierra Kaopua, Asst. Coach Donovan Emmsley, Shylee Tamura and Pilialoha Kailiawa. Above left, Casey Koi beats the ball to first base. Photos by Nālani Parlin

Volleyball, continued from page 7

the Canefire coach called timeouts, Ortega told his team, "I am very proud. I honestly have nothing to tell you. You are doing everything I wanted and that you have prepared for this season. Get out there and have fun."

Ortega tells the boys regularly, "Play for who you are and what you believe in."

Assisting Ortega with coaching are Donna Shibuya, Derick Medeiros-Garo and Tyler Navarro-Villa.

Tennis, continued from page 7

6-1, 6-0. Both proved to be model sportsmen, continually smiling and staying positive.

Student-athletes said they enjoyed playing for coach Lena Ortega. "She's funny," said Koi, pointing to Ortega's good sense of humor. Ortega filled the coaching vacancy so Ka'ū would not have to forfei the season.

sections of County Ordinances that are not serving to do anything but stifle the small farm and small business, eroding the health of

The AG tourism ordinances are not healthy, and the people cannot work the land. We can change this by getting Gov^{7} out of the way of the will of the people, people who choose to live closer to

Let the jobs grow with the diversification of agriculture throughou District 6. Ranchers, Fishermen, Hunters and Farmers and even a few Golfers: we can work together to help our island flourish. Mahalo nui loa,

-Bradlev Westervelt

Candidate Council District 6 Ka'ū, South Kona and Volcano: from Kainaliu Village all the way to Akatsuka Orchid Gardens

Ka'ū Girls Water Polo: Carvalho-Flores, Chow, Dockstader & Espaniola Excel Dockstader was the leading goal scorer for Ka'ū. Although girls Varsity water polo ended early

added. End score: 19-10.

Pelletier, who was raised in Volcano, attended Waiakea High, and was coached and mentored by Dan Lyons, current Kamehameha water polo coach. "He taught me everything I know about Water Polo." Against the Warriors, Dockstader whipped in two goals, while Chow chipped in one.

Pelletier also noted Espaniola's achievement this season, calling her the team's best all-around player. "She's got an outstanding shot, excels in defense, and she is the hardest worker on our team. I just can't say enough good things about her."

"All the other teams know about her and adjust their games to emphasize defending her," Pelletier said. He commented that as a team the Trojans did much

better than others expected. "We have some talented players that are really making a name for themselves on the Big Island.' Unfortunately for the Trojans, Pelletier, who

holds degrees in geography and French, won't be back next year; he will attend graduate school in Connecticut.



P.O. Box 74 Na`alehu

Bus: (808) 929-7106 Bus: (808) 929-7322

Ka'u Andrade

Contracting, Inc.

Land Clearing & Excavation

KA'U AUTO REPAIR Ka'alaiki Rd.

Your Full Service Auto Repair Shop in Na'alehu Napa Auto Care Center, Safety Inspections M-F, 2-4 p.m.



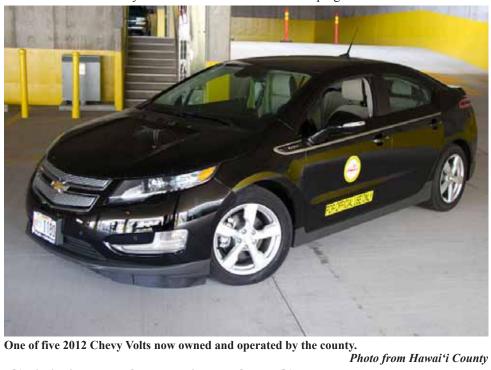
TOW TRUCK SERVICES 929-9096, Mobile 936-2272 **Proud Supporters of Trojan Athletes!**

ENERGY & SUSTAINABILITY IN KA'Ú

The Good News of Ka'ū, Hawai'i

Hawai'i County Builds a Fleet of Hybrid Electric Vehicles

vealed five 2012 Chevy Volts for official costs. The plug-in cars run on both elec-



Criticisms & Praises for Geothermal Energy

Geothermal expansion with possible sites from the Ka'ū Desert to South Point and Kona received mostly criticism last month at a County Council meeting in Puna, the traditional heart of opposition to this particular alternative energy.

According to Hawai'i Tribune Herald, the majority of testimony opposed more drilling. Opponents talked about insulting Madam Pele, the volcano goddess, and blowouts that sent toxic steam into Puna communities when the first geothermal was developed on the island.

Richard Ha, who wants to buy out Hawaiian Electric Light Co. to fast-track

Locally Made, pg. 4

scents: Coconut, Tahitian Vanilla, Champagne, Citrus Smoothie, Gardenia, Plumeria and Apricot Freesia. Her hand and body creams are mainly made of 100 percent Hawaiian macadamia nut oil, grapeseed oil and geothermal, gave the most supportive testimony, saying that geothermal is the way for the island to wean itself from expensive oil burning power plants. The story also quoted the Geothermal Working Group report, which concluded that geothermal could produce 500 to 700 megawatts for the Big Island, which currently uses between 90 and 185 megawatts. Innovations Development Group, a native Hawaiian hui working with the Maori geothermal initiatives in New Zealand, testified that geothermal exploration and production are much safer than when the original Puna plant was built.

Shea butter. She recently started selling plumeria-shaped soaps, bamboo guest soaps, children's soaps, soaps with a Gecko design embedded in the bar and surfing ducks. To special order, or for more, email leimonahi@gmail.com.

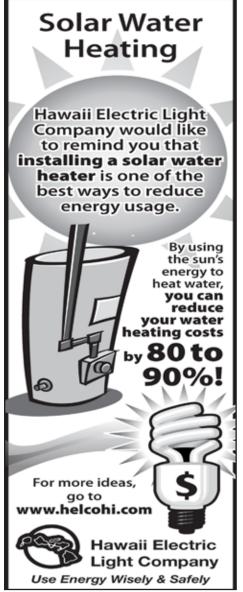
LEED Silver-certified West Hawai'i Civic Center where the vehicles are recharged using the 250-kilowatt photovoltaic system. The vehicles need only battery power for trips less than 30 miles and average 93 highway to 95 city miles per gallon, but have a limited range of 300-400 miles, depending on topography.

Initially, three departments will use the

In late April, Mayor Billy Kenoi re- use by the county in an effort to reduce fuel tricity and gasoline and are stationed at the vehicles: Parks and Recreation, Planning and the Office of Housing and Community Development. Other departments will be able to use the final two, which are assigned to the mayor's office.

"We will slowly and incrementally begin implementation of a larger electric vehicle and hybrid fleet here in the County of Hawai'i. It's not something we should do; it's something we must do," said Kenoi.





Tawhiri Power LLC



Bringing CLEAN renewable energy to Hawaii

see us at www.tawhiri.com

KAHUKU TO MILOLII

The Good News of Ka'ū, Hawai'i Volume 10, Number 6

ounty Water Department Promises Public Spigots by June

The County of Hawai'i Department of Water Supply has delayed the blessing and opening of the long-awaited water well and spigots for Ocean View scheduled for May 1. Water spokesperson Kanani Aton said that water will start flowing to the public in late May or early June.

The campaign for the \$6 million project funded by the state began decades ago, and proponents remember flying to O'ahu and rallying around the state Capitol, waving signs and demanding county water for Ocean View residents

Ocean View has been called the largest subdivision in the world. Like some subdivisions in Puna, Ocean View was built without standard county roads, water and other amenities, forcing Ocean View residents

to lobby government for the basics. They raised money to build their own fire station, buy their own ambulance and establish their own community parks, community center and churches. Water has been the biggest challenge, requiring drilling of test wells and permanent wells, holding tanks and a public place to pump the water to the people. People will have to drive to the water station, located

decorating and an opportunity for them to

make other crafts to take home. Live enter-

tainment by the band Hi-Town added to the

festive atmosphere. The free event included

lunch and raffle prizes. "We are very excited

to have been able to bring our services to

Miloli'i, and look forward to continuing our

relationship with the community," said or-

He said he loves his work as a trial lawyer for

ganizer Matthew Sasaki.

just off Hwy 11 on Lehua Lane, and will have to fill up with their own containers or hire a commercial hauler to bring water to their homes and businesses.

Test drilling and final driling found water which will soon be available to the public. Photo from bigislandliving.blogspot.com



Have Chipper Will Travel

A unique agricultural service, begun in 1989, provides west Hawai'i and Ka'u landowners with large amounts of organic material while ridding the property of unwanted overgrowth.

Monster Chipper Eats 12" Logs

Our experienced crew offers all phases of tree work, from tree removal to light pruning. Our 120 H.P. Brush Bandit woodchiper can reduce a mountainous pile of logs and brush to a mound of valuable chips in minutes.

Selective Landclearing, Our Specialty Many building sites have beautiful natural land formations, historical stone walls and native or other desirable trees often overrun and hidden by christmasberry or other invasive species.

No More Christmasberry Blues

Careful removal and chipping of this overgrowth, leaving a few larger trees to be shaped for shade, privacy or windbreak, will result in an attractive and practical housesite/orchard setting.

DAVID MONFORT

Students Help 80 at Miloli'i JH Pharmacy children included an Easter egg hunt, egg

Gamma Theta Chapter of Phi Delta Chi at UH Hilo's School of Pharmacy hosted more than 70 people at its second annual Miloli'i Health Fair in early April. Students offered free cholesterol and diabetes screenings as well as blood pressure monitoring. Attendees had an opportunity to speak with a pharmacist one-on-one about their results and any medications they may be taking. In addition to the health fair, activities for



Prabu Segaran counsels a patient on her medications. Photo from Matthew Sasaki

Ka'ū Candidates, pg. 1

always prepared; I do my homework," she said. "It's important to have facts to make informed decisions."

Lee McIntosh wants to stabilize property taxes, provide more funding to the Office of Aging, expand water infrastructure and "help people with problems they face." He said he works well with people of different beliefs and is good at "identifying and solving problems. I care about the community," he said.

Bradley Westervelt wants more standard services for the district. He hopes to acceler-

ate the timeline for Ocean View transfer station and increase public transit in the district. He sees a "need to ease regulations on businesses and small farms" and wants to change county ordinances to "allow subdivisions to flourish." Westervelt pointed to logic as a value he would bring to the Council.

Prosecuting Attorney

Prosecuting Attorney candidates are Lincoln Ashida, Paul Dolan and Mitch Roth. Lincoln Ashida said that three P's – Passion, Professionalism and Pono – define his work.

more than 25 years. He said being responsible for deputy attorneys requires professionalism, and "you have to do what's right." For Paul Dolan, being prosecuting attorney "is not about winning or losing; it's about justice." He wants to "stop the manini

> in their homes. Mitch Roth, who works a lot with youth groups and community policing, pointed to

> prosecutions," referring to people arrested

for possession of small amounts of marijuana

integrity and his passion for justice as qualities he would bring to the position. "Be honest and tell the truth even when it may not make you look good," he said.

Pōhue Bay

County Council candidates were asked what they could do to provide public, vehicular access to Pōhue Ka'ū Candidates, pg. 15

All Work Guaranteed · Towing Service Available · We service Trucks and 4x4s State Safety Checks · Master Technician RD#3789

SOUTH KONA'S AUTO REPAIR CENTER

- Diagnostics
- · Air Conditioning
- Brakes
- Advanced Computer State Safety Inspections Front End
 - Suspension



81-981 Haleki'i St. Kealakekua, HI 96750



PROFESSIONAL HAIR AND NAIL SERVICES FOR MEN AND WOMAN

Located in Ocean View Town Center 929-7411

www.christiesnails.com

Kea'au Recycling and Reuse Center

Open 8 a.m. – 5 p.m. Daily (closed Thanksgiving, Christmas, New Year's Da

Home Remodeling

Next door to the Kea'au Transfer Station

Low Prices at our "Still Good Stuff" **Garage Sales**

- -- latex paint selection @ \$5/gallon -- furniture, fixtures, lighting & more
- Contractor drop-offs welcome help divert usable leftovers from the landfill.

Highway 130 1st left past the Hawaii Humane Society Pahoa-bound

Call 895-6815 for more information. olar Hot Water Certified Contractor Cesspool and Septic Installation ving Ka'u with over 20 yrs. experience

cell: 989-4402 office: 939-7004

Paul Gibson

HO'OMAL)

The Good News of Ka'ū, Hawai'i Volume 10, Number 7

Chapel Restored GUIDE TO KA'Ú CHURCHES

O Ka'ū Kākou volunteers logged 230 hours restoring the Opukahaia Memorial Chapel above Punalu'u Black Sand Beach. Suffering from dry rot, the frame was scraped, sanded and repainted. A large group of members from Nā'ālehu Church of Jesus Christ of Latter Day Saints assisted in painting.

In addition to volunteer care for the chapel grounds and graveyard, 'O Ka'ū Kākou maintains four other cemeteries in Ka'ū: a Chinese graveyard and Methodist church graveyard along Hwy 11 in Pāhala; a small graveyard in Nā'ālehu; and, with the help of Pacific Quest, the Catholic cemetery in



Praises at Merrie Monarch

Thy Word Ministries - Ka'ū makes it a tradition to march and celebrate Aloha Ke Kua, Jesus and Freedom at the annual Merrie Monarch Parade in April. The church, with the largest congregation in Ka'ū, is based in Nā'ālehu under the leadership of Pastor Bob Tominaga. Photo by Pam Taylor

Stars Over Ka'ū May

You have already been warned that Venus will cross in front of the sun on June 5. The next transit will occur in 2117. If you would like to watch the transit, please follow these guidelines: Do not look directly at the sun. There are several sites selling solar glasses through which you can look directly at the sun with your eyes. Do not use these in conjunction with binoculars or a telescope. To use a telescope will require a larger sheet of this filter material to cover the entire aperture and/or cut the aperture down by blocking the opening.

The sun will undergo an eclipse on May 20. This will resemble only a bite from a cookie in Ka'ū, but will increase to a whole ring of the sun surrounding the moon on the mainland in northern California and the Reno area of Nevada. This will happen near sunset on the mainland. In Ka'ū, the largest nibble out of the sun will occur at 4:15 p.m. This resembles the polite bite that Santa Claus takes from the cookies left for him - not very impressive unless you are on the mainland.

You can get solar filters like eyeglasses (and worn under eyeglasses) from Kendrick Astro Instruments at 2920 Dundas Street, West Toronto, ON M6P 1Y8 Canada, www. kendrickastro.com or 800-393-5456. Order early, because they need to go through U.S. Customs, and Kendrick only ships on Friday. If you want to get sheets of mylar for solar viewing through binoculars or photography you can get these more quickly from Page 12 May, 2012

Astro-Physics, Inc. at 11250 Forest Hills Road, Rockford, IL 61115, www.astrophysics.com or 815-282-1513. Your solar viewing glasses or filters for binoculars or telescopes will work well for each of these

Another way of viewing these events is to project the solar image onto a white piece of paper. You will need to find a way of keeping the binoculars or telescope steady. Practice this a few days before the events. For the transit, you should be able to see sunspots. Focus the telescope (or binoculars with one lens capped) so that you can see

Jupiter goes behind the sun on May 13. Venus sets before the time of our chart at mid-month. This is 10 p.m. mid-month, an hour later at the start of the month and an hour earlier at the end of the month.

Mars hasn't wandered far in Leo; Saturn hasn't either.

Date	Sunrise	Sunset	
May 4	5:52	18:46	
May 11	5:48	18:48	
May 18	5:46	18:51	
May 25	5:44	18:54	
Moon Phase	S		
Full Moon	May 5	5	
Last Quarter	May 1	May 12	
New Moon	May 2	May 20	
First Quarter	r May 2	May 28	



Volunteers help restore the Opukahaia Memorial Chapel above Punalu'u.

Photo by Fred Ramsdell

Wai'ōhinu.

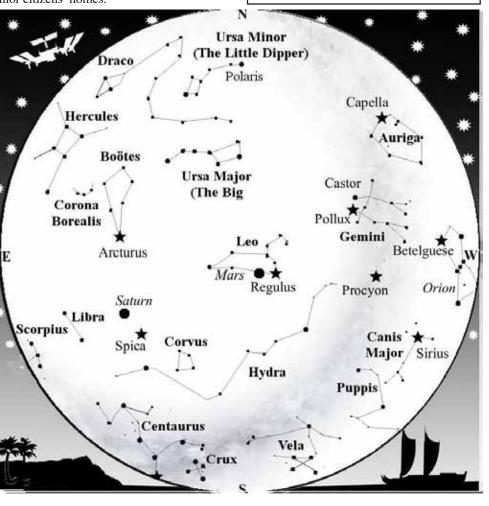
The organization has also taken on renovating the Pāhala Hongwanji Judo Hall. With funding donated by Edmund C. Olson Trust II, 'O Ka'ū Kākou president Wayne Kawachi says a new roof should be added in mid-May. After a new coat of paint and more work completed on the inside, Kawachi says the hall could be used for community activities such as Karate, Judo or boxing.

The group will be volunteering at upcoming local events, such as the Ka'ū Coffee Festival, Nā'ālehu School Health Fair, and Ka'ū School of the Arts Spring Fling. 'O Ka'ū Kākou also installs safety railings at senior citizens' homes.

VOLCANO	
New Hope Christian Fellowship	967-7129
Volcano Assembly of God	
• Kilauea Military Camp Chapel 967-8333, Protestant - 9am	Catholic - 11:15 am,
Sundays	
PÁHALA	
River of Life Assembly of God	928-0608
Holy Rosary	928-8208
Pāhala Bible Baptist Mission	
Pāhala Hongwanji	
Wood Valley Tibetan Buddhist Temple & Retreat	928-8539
NĀ'ĀI FHU	
Assembly of God	929-7278
• Iglesia Ni Cristo	
Jehovah's Witnesses	
Kauaha'ao Church	
Latter Day Saints	
• Light House Baptist	
Nāʻālehu Hongwanji Buddhist Temple -	
95-5693 Mamalahoa Hwy., Nāʻālehu, Hi 96772	
Sacred Heart	929-7474
United Methodist	929-9949
Christian Church Thy Word Ministry	936-9114
Nāʻāhelu Hongwanji, Sundays 10 a.m.	
OCEAN VIEW	
• Kahuku UCC	929-8630
Ocean View Baptist Church	430-8268
Worship Service: Sunday, 1 p.m. Ocean View Community Center.	All are welcome!
OV Evangelical Community Church	939-9089
St. Judes Episcopal	939-7000
Divine Faith Ministries 929-8570 (non-denominational) meets	Ocean View
Community Center 10 am Sundays, Children, Youth, Bible Study information.	y. Call for more
THOUTHARDIT.	000 0007

Back to the Bible! 9 am, Bible class studying Romans. Worship 10A.M. Expository

lessons from N.T. Books



How to use this map: Hold this map over your head so that the northern horizon points toward the north on the Earth. For best results, use a red flashlight to illuminate the map. Use this map at about 9:00 p.m. early in the month, 8:00 p.m. mid-month, and 7:00 p.m. late in the month. *Map provided by Bishop Museum Planetarium. Pre-recorded information: (808) 848-4136; Web site: www.bishopmuseum.org/planetarium. Podcast: feeds.feedburner.com/bishopmuseum; Email: Hokupaa@bishopmuseum.org

Lew Cook operates a modest size computerized telescope that looks deep into our galaxy from Pāhala. He emails measurements of his images and research to astronomers. For more information, visit www.lewcook.com/pahala.htm. Some info has been obtained from Wikipedia.com.

KEEPING

A Journal of Good Health, Food and Fitness

New Hospital Treatment Area Saves Patients from Long Drives

Department Ambulatory Treatment Area where patients can get scheduled care for things like IV therapy, tube changes and special medication administration. The area

Kaʻū Hospital now has an Emergency keeps patients from having to travel to Hilo or Kona. "It is a very long drive from Ka'ū and a hard one if you aren't feeling well," said Nona Wilson, Ka'ū Hospital's director of nursing. To get treatment, a patient's out-

hospital's Emergency Department physician. Once the treatment has been approved, the ED nurse calls the patient to schedule the appointment. "EDATA services at the hospital have become really important to

side physician makes a referral call to the many people in our community who have serious health conditions," said hospital director Merilyn Harris. The service is even being used by visitors, who call to schedule appointments for medication delivery while here. For more information, call 932-4200.



Patients will be able to have more treatments and tests at Ka'ū Hospital. Photo by Julia Neal

\$248K Released to Ka'ū Hospital

Funding for Ka'ū that Gov. Neil Abercrombie released last month, Ka'ū Hospital received \$248,000. The money will pay for the installation of solar-powered parking

As part of the Capitol Improvement lot lights, replacement of hospital doors, renovation of entrance ramps and installation of a wireless repeater for advanced communications.

Ka'ū Hospital

Caring for Our Community

Emergency Department Medical Staff

Cliff Field, MD Board Certfied Family Practice

Brian Panik, MD Board Certified Emergency Medicine and Fellow of the American Academy of Emergency Physicians

John Wilkinson, MD Board Certified Emergency Medicine

Rural Health Clinic/Hospital Medical Staff

Dexter Hayes, MD, Board Certified Family Practice Debra Kettleson, Nurse Practitioner, Board Certified Family Practice and Geriatrics

Medical Director: Clifford Field, MD

Clinic Hours:

Mon, Tues, Wed Friday 8 a.m - 4:45 Thurs. 8 a.m. - noon To make a clinic appointment call 932-4205

Corner of Hwy 11 and Kamani Street in Pāhala



Ka'ū Family Health Center

Call for a Medical Appointment 808-929-7311

Call for a Dental Appointment 808-965-3073

(walk-in's for dental care are accepted on first come first served basis on Thursdays until 3pm) "Serving our Kaʻū community since 1996"

EAST HAWAII REGION

Hawaii Health **Systems Corporation**



Regional Hospital Board Offers Leadership Opportunities

Developing the vision for healthier communities in East Hawaii is an exciting challenge for the Regional Board of a Hawaii Health Systems Corporation. Our stewardship of East Hawaii's health system includes the delivery of services through a network of hospitals, outpatient clinics, and long-term care centers.

Our board is looking for dedicated community-minded individuals to join us in collaboratively creating the future of East Hawaii 's public hospital system. The board's oversight role provides a unique opportunity to make a tangible difference in the wellbeing of our diverse community. Participation on committees with specific focus, such as quality assurance and government relations, broadens each member's contribution to continuous enhancement of the hospital system.

If you are interested in learning more about the opportunity to join us, work hard, and serve our community, please send a statement of your interest in this voluntary position and your resume to

East Hawaii Regional Board, Attn: Administration Hawaii Health Systems Corporation Hilo Medical Center 1190 Waianuenue Avenue, Hilo, Hawaii 96720

Join the Online Health & Wellness Directory Free Publicity for Your Programs



The Hawai'i Island Beacon Community (HIBC) invites organizations and individuals that support healthy living, wellness and overall well-being to raise awareness of programs, services and activities through our free online Health & Wellness Directory.

The Ka'ū Calendar

Directory categories include:

- Active Living & Physical Activity
- Complementary & Alternative Medicine
- Conditions & Diseases
- Healthy Eating
- Social Services
- Tobacco Prevention & Cessation

Join today at hibeacon.org

For questions, email us at: directory@hibeacon.org



HIBC is a nonprofit organization bringing health and wellness organizations together to promote healthiel lifestyles and empower residents toward improved health and wellness outcomes for Hawai'i Island.



Big Island's Keiki in Foster Care Need You!

Resource Families provide temporary care for children in foster care.

Call today and make a difference in a child's life forever...

East Hawai'i (808) 987-5988 West Hawai'i (808) 896-3829 www.pidf.org





Funding for this program is through the State of Hawai'i, Dept. of Human Services

KAPEPAVOLCANC

The Good News of Ka'ū, Hawai'i

Youth Invited to Participate in May Activities in Volcano

Tom Peek holds a free No Fear Writing workshop to help middle school students navigate their journey ahead on Wednesday, May 16 from 3 p.m. to 5 p.m. at Volcano Art Center's Niaulani Campus in Volcano Village. Peek has been a newspaper photographer, park ranger, wildland firefighter, astronomy guide, English and writing teacher,



Kids are invited to plant native trees and remove invasive ginger on National Kids to Parks Day. Photo from NPS

lighthouse keeper, piano player and composer, and radio disk jockey.

"On top of being a critical skill to master for all those college scholarships and jobs you'll be competing for, writing can also be a key element for developing creative and emotional outlets. Focusing on your writing



skills now is the best thing you can do to prepare for the personal and professional challenges you'll face later in life," Peek said.

For more information and to pre-register, visit www.volcanoartcenter.org, call 967-8222 or email julie@volcanoartcenter.org.

Poetry Slam/Art Festival

Participants in the writing workshop are invited to return Saturday, May 26 to showcase their projects in a poetry slam/open mike at VAC's Youth Art Festival following a free Brittni Paiva concert a 2 p.m. The festival begins at 10 a.m. with free activities until 4 p.m. All participants receive a free family VAC membership. No experience in the arts is necessary, and everyone is welcome to this free event.

Restore Forests

Friends of Hawai'i Volcanoes National Park hold a kid- and family-friendly Forest Restoration Project on National Kids to Parks Day, Saturday, May 19. From 9 a.m. to 12 p.m., volunteers help plant native tree seedlings and remove invasive ginger in the Kīlauea summit area, not far from the Kīlauea Visitor Center. "We hope kids of all ages come out and bring their families to learn more about the park's native forest restoration efforts," said Mark Johnson, co-chair of the Friends' forest restoration committee.

Volunteers can be any age, but children must be supervised by a parent or guardian. Work takes place within a quarter-mile of the parking area, with access on a fairly easy trail. Close-toed shoes are required and long pants recommended, along with gear for variable weather conditions plus drinking water and snacks

The goal is a crew of 24 people, and preregistration is required at 985-7373 or forest@fhvnp.org. All participants must sign a Friends release form and a park volunteer form. For those under 18, an adult must cosign. Instructions on where to meet are provided upon registration.

tional Park on May 19, kids are encouraged to submit photos of their adventures to Buddy@BuddyBison.org for possible inclusion in National Park Trust's nationwide map commemorating the day.

> Junior Rangers Also on Saturday, May 19, Junior

After visiting Hawai'i Volcanoes Na- Ranger Day takes place at the Kahuku Unit of Hawai'i Volcanoes National Park. 'Oli, GPS, compass, pacing, mo'olelo of Ka'ū and the string game hei are on the agenda. This free event is open to children of all ages and their 'ohana. Call 985-6019 to pre-register by Monday, May 14.



Barry Flanagan and Ron Kuala'au are HAPA and will perform in Volcano.

HAPA Celebrates the Life of Chanter Charles Kauhi Ka'upu

Series continues on Saturday, May 12 with a celebration of the life of one of Hawai'i's most beloved chanters. Barry Flanagan and Ron Kuala'au honor their "music brother," Charles Kauhi Ka'upu, at Kīlauea Theater in Hawai'i Volcanoes National Park beginning at 7 p.m. Guests are invited to arrive at 6:30 p.m. to join in chant and dance before the performance, said VAC CEO Tanya Aynessazian. "Sharing the arts and celebrating

Volcano Art Center's Spring Concert Hawai'i's musicians is our mission. We believe in keeping art accessible and affordable for all. It's the generous donations from our community that bring these great concerts to Volcano," she said.

> "We are so excited to have HAPA performing and honoring the great art of 'oli," said concerts coordinator David Wallerstein. "Charles' expertise in 'oli, the ancient art of Polynesian chant, is something that we want to celebrate with our elders and pass on to our

keiki at Volcano Art Center."

Wallerstein said he expects the concert to sell out, adding, "We hope this wonderful evening will ignite a passion for music in all who attend and maybe inspire a few donations for this beautiful Polynesian art and Volcano Art Center."

Advance purchase tickets are available for \$35 at VAC's Niaulani Campus and Art Gallery or online at www.volcanoartcenter.org. For more information, contact Wallerstein at 967-8222 or concerts@volcanoartcenter.com.

KONA TRAIL: SNEAK PREVIEW AT KAHUKU

A field seminar in HI Volcanoes National Park

Sunday, June 3 · 10am-3pm

\$50 members / \$70 non-members (can join to get discount) Half-price for students (K-12 & college w/valid student ID)

Help us celebrate National Trails Day®! Join park ranger John Stallman for a guided interpretive walk along a new loop trail at Kahuku. This four-mile roundtrip trek through the scenic highland pastures offers participants a sneak preview of the Kona Trail, which is not yet open to the general public. Excellent bird-watching opportunities abound, plus learn about the

WW.FHVNP.ORG • 985-7373

natural and cultural heritage of this special place.

Saturday May 26 Youth Art Festival Free Activities 10am-2pm 2pm Free Family Concert - Brittni Paiva (reserve your free tickets today) 3:15pm Free Youth Open Mic/Poetry

Slam



Hullabaloo for Toddlers Wednesdays 10am

5/12 HAPA in Concert Kilauea Theatre, 7pm

5/16 "No Fear" Free Youth Writing Workshop 3pm - 5pm 5/19 Pastels Workshop w/Patti Pease Johnson 12 - 3:30pm

5/19 Movie Night "Girl with the Dragon Tattoo" 7pm

5/26 Hula Kahiko Informance HVNP 10:30am

Aloha Fridays Cultural Demos at VAC Gallery 11 - 1pm

For more information, call (808)967-8222 or visit www.volcanoartcenter.org

Ka'ū Candidates, pg. 11

Bay. Marie Burns said "an ancient trail is our public access. We have a right via this

issue and get back with an

answer. Bradley Westervelt

said, "It's a paradox, and I

Safe Schools

asked: How would you keep

our schools safe from drug

Counsel Lincoln Ashida

replied that "not the pros-

ecutors alone, and not the

police alone" can solve this

problem. "It takes everyone

involved, and we must bring

the community together," he

said. He stressed that police

have to be provided with

resources. "Kids are a vul-

nerable population. We need

to do everything we can to

Ocean View, said, "It starts

in the home. You have to

be a role model." He men-

tioned programs he started

that educate young people

Lawyer Paul Dolan, of

keep them safe," he said.

Candidates for Pros-

were

Corporation

don't have an answer."

ecuting Attorney

use and criminals?

County



Marie Burns Photos by Chuck Greene



Maile David



Brenda Ford





Bradlev Westervelt



Lincoln Ashida

have to build partnerships." He mentioned programs to mauka-makai trail." Maile educate young people with David said, "Opening the mock lessons showing judiroad is the job of the admincial procedures. He also conistration. The mayor needs to work to resolve the isactivities designed to keep sue." She said public rights young people out of trouble, and native rights have to be such as the Boys & Girls established. Brenda Ford Clubs, of which he is vice said, "I've always supported president. He also stressed the need to prevent domestic rights of access to Pohue Bay." She suggested it may be necessary to buy right of precursor of crime." entry. Lee McIntosh said he would have to research the





violence, which he said is "a Mitch Roth

Wednesdays & Saturdays, 8am-12pm In front of Ace Hardware in Nā'ālehu

Hester's Farm

Pahala-grown vegetables: sweet-corn, squashes, tomatoes, leafy-greens, peppers, cucumbers, onions, beets, carrots, broccoli/ cauliflower & more

Island Valley Delights

Local jams, jellies, breads and more. Treat your taste buds right islandvalleydelights.com

Kuahiwi Ranch Natural Beef

Kaʻū-grown free-range, pasture-raised, no antibiotics or artificial hormones. Pre-orders call 936-1898

LeiMona

Body Creams made with Hawaiian Macadamia Nut Oil, handcrafted soaps. Made in Kaʻū. leimonahi@gmail.com

Studioofsticksandstones.com

Fine woodwork-slate art. Showroom between mile markers 64 & 65, Hwy 11. 939-7056

Pacific Quest

Organic fruits & vegetables grown by youth. Proceeds donated to our Ka'ū community!

Vendors call 339-1032 or 345-9374 In operation since December 5, 2001 Brought to you by Nā'ālehu Main Street

naalehu,org

THE KA'U CLASSIFIED

COMMUNICATIONS, COMPUTERS

GOT CABLE? Why Settle! The Satellite Guy offers dish network anywhere on the Big Island. More channels, more choices, less money. Available where cable is not. The Satellite Guy. 929-9103.

HOME, RANCH & BUSINESS

PLUMBING CONTRACTOR - License # C-26521, Mark Berkich Plumbing, 936-7778. Custom work, New and remodel.

NEED NEW SCREENS? We come to your home and business to custom tailor new screens for Windows, Doors, Sliders at an affordable price. Ka'ū's Mobile Screen Service. Built on site. Serving Kona to Volcano. Ben Hooper, 990-2406 or 939-7534.



FOR RENT

Wood Valley 3bdrm furnished home 2.5 acres, gazebo, lanai, W/D \$850/+ utilities available May 1st email:tim@benkophoto.com 303-449-

FOR SALE

Macnut, Husk, Both Fresh and composted. Red and Dirty Cinders. Soil Mix. Delivered to your property. Bob Taylor 929-8112, 936-8623.

BUY LOCAL at Pāhala Plantation Store on the corner of Maile and Pikake Streets in Pāhala. Ka'ū Coffee Mill coffee, locally-made gifts and art.

RENTALS

Homes available in Pāhala, Nāʻālehu, Mark Twain, Discovery Harbour, H.O.V.E.

SHARON M. MADSEN (R)
PACIFIC HORIZON PROPERTIES INC. 929-9000 WWW.KAURENTALS.COM

THE KA'U CALEDDAR

LEGAL NOTICES

The Ka'ū Calendar newspaper provides space for legal notices and guarantees distribution to 4,763 postal box holders at the following addresses: 96704 Capt. Cook Hwy 11 Contract Route from Lanikona past Milolii to Nā'ālehu; 96737 Ocean View; 96772 Nā'ālehu; 96777 Pāhala: 96718 Hawai'i Volcanoes National Park: and 96785 Volcano Village. Additional copies are mailed to subscribers outside the area and placed on stands in the area making the total print run 7,500. To place a legal ad, call 928-6471 or email ron@kaucalendar com

CERTIFIED DISTRESSED PROPERTY EXPERT, CDPE

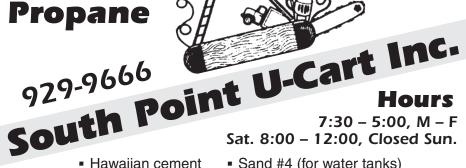
Hawaii Short Sale Properties

Mortgage Troubles? I can help... Homeowners You Have Options... There are Solutions.. Short Sales Explained.. Resources, FAQ's, FREE reports. at www.NC21Hawaii.com Mobile (808) 937-3604 Email: Nica.Caoile@Centurv21.com



Nica Caoile RS, ABR, CDPE II MLS 🗈





- Hawaiian cement
- Redi-mix concrete
- Rebar #3#4#5
- Wire 6x6x10x10
- Sand #4 (for water tanks)
- Rock #3 ¾ minus base coarse
- Cinders, red & black
- Pier blocks, misc. concrete prods.

Construction Equipment Rental

- Compactors
 Cement finishing
 Generators
 Scaffolding
- Ladders Pressure washer Compressors Painting equipment
- Floor finishing equipment
 Welding equipment
- Automotive equipment
 Cordless hand tools
 Tools
- Power tools
 Hand tools
 Trailers
 String trimmer
- Chainsaws (we sharpen)
 Lawn mower
 Party equipment

Small Engine Sales & Service

AUTHORIZED DEALER, PARTS AND SERVICE: Shindaiwa, Wacker, Titan, airless, Echo, Honda Engines, Snapper, Goldblatt, Briggs & Stratton, and Grimmer Schmidt

USED MOTOR OIL DROP OFF: 10-gallon limit per visit for Do-It-Yourself oil changers. Must log in during open hours only (no charge).

Hawaiian Ocean View Ranchos • Below gas station P.O. Box 6182, Ocean View, HI 96737 • Stan and Marianne Troeller, Proprietors

SERVING THE KA'U AREA OVER 25 YEARS

Deputy Prosecuting At-Radio Founder Runs for Senate

about law.

Wendell Ka'ehu'ae'a announced last month that he will challenge Rep. Bob Herkes who is running for state Senate in the district from Punalu'u to Kea'au that includes most of Puna. Ka'ehu'ae'a said he wants to become state senator to protect public radio and television from legislation and practices that could reduce the number of stations and channels. He said he will refrain from broadcasting on KAHU radio while he is running for public office. Ka'ehu'ae'a has run for public office numerous times. He is credited with starting public radio in Ka'ū.



WE DO WATER HAULING

Specializing In: *House Pads *Water

*Trenching

*Driveway

*Coffee Farm

*Septic Systems

*Rock Wall *Lowboy

*Demo

*Bulldozing

*Dump Truck *Free Estimates

Saturday, May 12, 2012 Ho'olaule'a

Pāhala Community Center

- All day live entertainment
- Ka'ū coffee experience
- Farm tours

Saturday, May 5, 2012

Ka'ū Farmers' Table:

A Feast for the Senses

Kalaekilohana B&B (Tickets \$100 in advance)

Sunday, May 6, 2012, 1:00 p.m. Triple C Recipe Contest

Ka'ū Coffee Mill

Come see what all the buzz is about! Join us for music, hula, the *Ka'ū Coffee Experience*, local food, farm tours and coffee, coffee, coffee. Check us out!





May 12, 2012 Pāhala, Hawaiʻi

www.kaucoffeefest.com